



# New Hampshire's Veterans

## POPULATION

**85,749 Veterans**      **1,123 Active Duty**  
**5,751 National Guard & Reservists**

Veteran Population	New Hampshire
<b>Number of Veterans</b>	<b>85,749</b>
<b>Percent of Adult Population that are Veterans</b>	<b>7.5%</b>
<b>Number of Women Veterans</b>	<b>8,066</b>
<b>Percent Women Veterans</b>	<b>9.4%</b>
<b>Number of Military Retirees</b>	<b>9,533</b>
<b>Percent of Veterans that are Military Retirees</b>	<b>10%</b>
<b>Number of Veterans Age 65 and Over</b>	<b>47,518</b>
<b>Percent of Veterans Age 65 and Over</b>	<b>52.2%</b>
Age Distribution	New Hampshire
<b>75 years and over</b>	<b>30.8%</b>
<b>65 to 74 years</b>	<b>21.7%</b>
<b>55 to 64 years</b>	<b>22.2%</b>
<b>35 to 54 years</b>	<b>19.5%</b>
<b>18 to 34 years</b>	<b>5.8%</b>
Period of Service	New Hampshire
<b>World War II</b>	<b>0.7%</b>
<b>Korean War</b>	<b>3.0%</b>
<b>Vietnam War</b>	<b>34.6%</b>
<b>Gulf War I</b>	<b>21.0%</b>
<b>Gulf War II</b>	<b>21.8%</b>
Household Income	New Hampshire
<b>200K or more</b>	<b>8.6%</b>
<b>100K to 199.9K</b>	<b>29.9%</b>
<b>50K to 99.9K</b>	<b>31.4%</b>
<b>25K to 19.9K%</b>	<b>18.0%</b>
<b>Less than 25K</b>	<b>12.1%</b>
Educational Attainment	New Hampshire
<b>Some College or Associate Degree</b>	<b>28.9%</b>
<b>Bachelor's or higher</b>	<b>34.2%</b>
VA Healthcare and Benefits	New Hampshire
<b>Number of Veterans Receiving Disability Compensation</b>	<b>32,328</b>
<b>Number of Veterans Receiving Pension</b>	<b>552</b>
<b>Number of Dependency &amp; Indemnity Comp Beneficiaries</b>	<b>1,792</b>
<b>Number of Education Beneficiaries</b>	<b>15,507</b>
<b>Number of Enrolls in VA Healthcare System</b>	<b>46,062</b>
<b>Number of Unique Patients Treated</b>	<b>32,022</b>

Sources of data: U.S. Census Bureau. "Veteran Status." American Community Survey, ACS 5-Year Estimates Subject Tables, Table S2101, 2022, <https://data.census.gov/table/ACSST5Y2022.S2101?q=veteran> in each county in nh. Accessed on January 23, 2025

## ECONOMIC WELL BEING



**2.9%**

2022 Veteran unemployment rate in NH was slightly higher than the overall 2.1% unemployment rate for NH.

**\$78,316** Median household income of NH Veterans is \$78,316 which is below the NH median of \$83,449. 69% of Veterans make more than \$50,000/year.

1,876 Veteran households receive food stamps. 5.1% NH Veterans live in poverty. 7/1/22

## HOUSING & HOMELESSNESS

**141**

Out of the 141 Veterans experiencing homelessness in NH, 98 are sheltered in emergency or transitional housing. 43 remain unsheltered.\*

**79%**

Homeownership rate of NH Veterans. 7/1/22



**16,901**

Approximately 16,901 NH Veterans live in homes with one or more major problems of quality, crowding or cost. Housing affordability is the greatest housing problem among NH Veterans. 7/1/22

## VETERAN DISTRIBUTION & DIVERSITY

**Hillsborough, NH (22,290)**  
**Rockingham, NH (17,850)**  
**Merrimack, NH (10,317)**  
**Strafford, NH (8,485)**  
**Grafton, NH (6,905)**  
**Cheshire, NH (4,062)**  
**Belknap, NH (5,747)**  
**Carroll, NH (3,947)**  
**Sullivan, NH (3,274)**  
**Coos, NH (2,687)**

21.4% NH Veterans have service-connected disability rating

2.6% of NH's Veteran population identifies as Hispanic.

Approximately **77,683 male** veterans live in New Hampshire



Approximately **8,066 female** veterans live in New Hampshire





# Supporting New Hampshire's Veterans

## STATE GOVERNMENT

### DEPT OF MILITARY AFFAIRS & VETERANS SERVICES

Division of Veterans Services  
Division of Community Based Military Programs  
NH State Veterans Cemetery  
State Veterans Council  
NH Military Leadership Team

### NH VETERANS HOME

Located in Tilton, NH, the NH Veterans Home strives to provide the best quality of life for NH Veterans with dignity, honor & respect.

### NH SUICIDE PREVENTION COUNCIL-- MILITARY & VETERANS COMMITTEE

This committee merged with the NH Governor's Challenge to Prevent Suicide among SMVF team. Info about committee on [Suicide Prevention Efforts](#) DMAVS webpage.

## INITIATIVES & NEEDS

#### Initiatives

- Suicide Prevention
- NH Veteran-Friendly Business Network
- Ask the Question (ATQ)
- Mental Health Care
- NH Veterans Freedom to Smile
- State Approving Agency VA GI Bill®

#### Needs

- Affordable & avail housing
- Coordinated/centralized resource & referral assistance with customize support
- In-home aging services
- Increase VA enrollment
- Aging Veteran Initiatives
- Identification of Veterans
- Common Operational Picture of Resources avail for SMVF
- Improved lines of Communication btw Veteran Service Organizations
- Affordable & avail housing

## VETERANS AFFAIRS



### VA Medical Centers

Manchester VA Medical Center  
White River Junction VA Medical Center

### Community Based Outpatient Clinics:

Conway Keene Littleton Portsmouth Somersworth Tilton

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Wide variety of specialists available. VA care has positive health outcomes and is often more accessible.

### Vet Centers

- Vet Centers and Outstations: Berlin, Keene, Manchester, Portsmouth

## COMMUNITY PARTNERS & RESOURCES

There are a variety of groups, coalitions and organizations serving Veterans statewide to meet needs in a variety of areas and more are in development. The Department of Military Affairs & Veterans Services has representation on, involvement in and/or a partnership with the following:

- State Veterans Advisory Committee
- NH Council on Housing Stability
- Ending Veteran Homelessness in NH Project
- Military OneSource
- 211
- NH Care Connections

### **Regional & Statewide Veterans Coalition:**

- Lakes Region Veterans
- Stronger Together Veterans
- Greater Manchester Veterans Suicide Prevention
- Granite Hope Veterans
- Seacoast Veterans
- Carroll County Veterans
- Capital Area Suicide Prevention
- Central Region Veterans
- New Hampshire Women Veteran

