



# New Hampshire's Veterans

## POPULATION

**85,749 Veterans**      **1,123 Active Duty**  
**5,751 National Guard & Reservists**

Veteran Population	New Hampshire
Number of Veterans	85,749
Percent of Adult Population that are Veterans	7.5%
Number of Women Veterans	8,066
Percent Women Veterans	9.4%
Number of Military Retirees	9,533
Percent of Veterans that are Military Retirees	10%
Number of Veterans Age 65 and Over	47,518
Percent of Veterans Age 65 and Over	52.2%
Age Distribution	New Hampshire
75 years and over	30.8%
65 to 74 years	21.7%
55 to 64 years	22.2%
35 to 54 years	19.5%
18 to 34 years	5.8%
Period of Service	New Hampshire
World War II	0.7%
Korean War	3.0%
Vietnam War	34.6%
Gulf War I	21.0%
Gulf War II	21.8%
Household Income	New Hampshire
200K or more	8.6%
100K to 199.9K	29.9%
50K to 99.9K	31.4%
25K to 19.9K%	18.0%
Less than 25K	12.1%
Educational Attainment	New Hampshire
Some College or Associate Degree	28.9%
Bachelor's or higher	34.2%
VA Healthcare and Benefits	New Hampshire
Number of Veterans Receiving Disability Compensation	32,328
Number of Veterans Receiving Pension	552
Number of Dependency & Indemnity Comp Beneficiaries	1,792
Number of Education Beneficiaries	15,507
Number of Enrolls in VA Healthcare System	46,062
Number of Unique Patients Treated	32,022

Sources of data: U.S. Census Bureau. "Veteran Status." American Community Survey, ACS 5-Year Estimates Subject Tables, Table S2101, 2022, <https://data.census.gov/table/ACSST5Y2022.S2101?q=veteran> in each county in nh. Accessed on January 23, 2025

## ECONOMIC WELL BEING



**2.9%**

2022 Veteran unemployment rate in NH was slightly higher than the overall 2.1% unemployment rate for NH.

**\$78,316** Median household income of NH Veterans is \$78,316 which is below the NH median of \$83,449. 69% of Veterans make more than \$50,000/year.

1,876 Veteran households receive food stamps. 5.1% NH Veterans live in poverty. 7/1/22

## HOUSING & HOMELESSNESS

**141**

Out of the 141 Veterans experiencing homelessness in NH, 98 are sheltered in emergency or transitional housing. 43 remain unsheltered.\*

**79%**

Homeownership rate of NH Veterans. 7/1/22



**16,901**

Approximately 16,901 NH Veterans live in homes with one or more major problems of quality, crowding or cost. Housing affordability is the greatest housing problem among NH Veterans. 7/1/22

## VETERAN DISTRIBUTION & DIVERSITY

**Hillsborough, NH (22,290)**  
**Rockingham, NH (17,850)**  
**Merrimack, NH (10,317)**  
**Strafford, NH (8,485)**  
**Grafton, NH (6,905)**  
**Cheshire, NH (4,062)**  
**Belknap, NH (5,747)**  
**Carroll, NH (3,947)**  
**Sullivan, NH (3,274)**  
**Coos, NH (2,687)**

21.4% NH Veterans have service-connected disability rating

2.6% of NH's Veteran population identifies as Hispanic.

Approximately **77,683 male** veterans live in New Hampshire



Approximately **8,066 female** veterans live in New Hampshire





# Supporting New Hampshire's Veterans

## STATE GOVERNMENT

### DEPT OF MILITARY AFFAIRS & VETERANS SERVICES

Division of Veterans Services  
Division of Community Based Military Programs  
NH State Veterans Cemetery  
State Veterans Council  
NH Military Leadership Team

### NH VETERANS HOME

Located in Tilton, NH, the NH Veterans Home strives to provide the best quality of life for NH Veterans with dignity, honor & respect.

### NH SUICIDE PREVENTION COUNCIL-- MILITARY & VETERANS COMMITTEE

This committee merged with the NH Governor's Challenge to Prevent Suicide among SMVF team. Info about committee on [Suicide Prevention Efforts](#) DMAVS webpage.

## INITIATIVES & NEEDS

### Initiatives

- Suicide Prevention
- NH Veteran-Friendly Business Network
- Ask the Question (ATQ)
- Mental Health Care
- NH Veterans Freedom to Smile
- State Approving Agency VA GI Bill®

### Needs

- Affordable & avail housing
- Coordinated/centralized resource & referral assistance with customize support
- In-home aging services
- Increase VA enrollment
- Aging Veteran Initiatives
- Identification of Veterans
- Common Operational Picture of Resources avail for SMVF
- Improved lines of Communication btw Veteran Service Organizations
- Affordable & avail housing



## VETERANS AFFAIRS

### VA Medical Centers

Manchester VA Medical Center

White River Junction VA Medical Center

### Community Based Outpatient Clinics:

Conway Keene Littleton Portsmouth Somersworth Tilton

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Wide variety of specialists available. VA care has positive health outcomes and is often more accessible.

### Vet Centers

- Vet Centers and Outstations: Berlin, Keene, Manchester, Portsmouth

## COMMUNITY PARTNERS & RESOURCES

There are a variety of groups, coalitions and organizations serving Veterans statewide to meet needs in a variety of areas and more are in development. The Department of Military Affairs & Veterans Services has representation on, involvement in and/or a partnership with the following:

- State Veterans Advisory Committee
- NH Council on Housing Stability
- Ending Veteran Homelessness in NH Project
- Military OneSource
- 211
- NH Care Connections

### **Regional & Statewide Veterans Coalition:**

- Lakes Region Veterans
- Stronger Together Veterans
- Greater Manchester Veterans Suicide Prevention
- Granite Hope Veterans
- Seacoast Veterans
- Carroll County Veterans
- Capital Area Suicide Prevention
- Central Region Veterans
- New Hampshire Women Veteran

