

2021 Veteran's Resource Guide

Serving Northern New Hampshire, Vermont and Western Maine

Veteran and Providers Local Guide to Community Resources



Veteran Crisis Line:

1-800-273-8255 and press 1 at the prompt

If Facing Homelessness Call:

1-877-424-3838 or 211

Presented by:

New Hampshire North Country Veterans Committee

NH NORTH COUNTRY VETERANS, INC. Table of Contents

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STATE OF NEW HAMPSHIRE

Primary Contacts

VA Homeless Outreach Worker: Simone Cote	VA Peer Support Specialist: Don Monahan
Coverage NH North Country & VT NEK	Coverage NH North Country & VT NEK
Cell: 802-952-9068	Cell: 603-266-9868
Simone.Cote@va.gov	Donald.Monahan@va.gov
Call 2-1-1 New Hampshire for personal assistance 24	Tri-County Community Action Program
hours a day. If outside New Hampshire call: 866-444-	Homeless Outreach-Coos County 603-788-2683
4211 <u>www.211nh.org</u>	
Tri-County Community Action Program:	Tri-County Community Action Program
Homeless Outreach-Northern Grafton County	Homeless Outreach-Carroll County 603-323-7400
603-444-0184 www.tccap.org	

Transition Assistance Advisor (TAA) program: Serves all Military throughout career and retirement. TAA provides education, information, guidance and advocacy pertaining to Federal and State benefits, entitlements and local resources. Individual Transition Plans can be developed to encompass Health and Life Ins., Veterans Benefits, Education/Training, Financial Assistance, Disabled Veteran Benefits, Employment Assistance, Career Change and Relocation. 603-225-1309

New Hampshire Coos County Service Link Resources Center: One stop Disability and Aging Resource Center for Seniors, Veterans and Adults with disabilities providing a full scope of supported referrals. 1-866-634-9412 or 603752-6407. www.nh.gov/servicelink

Granite State Independent living: (NH) 603/228-9680 (V/TTY) (GSIL) is a statewide, non-profit organization whose mission is to promote life with independence for people with disabilities and those experiencing the natural process of aging through advocacy, information, education, employment services, certified benefit counseling, and support www.gsil.org

Community Based Outreach Clinics (CBOC)

Once in the VA healthcare system
Veterans are able to choose where they
would like to be seen for primary care.
They are able to receive their care at the
hospital or any of the centers listed:

Conway CBOC (Manchester VAMC)

71 Hobbs St Conway NH 03818 Phone: 800 892-8384 fax: 603 314 1656 Hours 07:30am-4:30pm

Tilton CBOC (Manchester VAMC)

630 West Main Street, Suite 400 Tilton, NH 03276 **Phone:** 603-624-4366 X 3199

Fax: 603-314-1653

Keene CBOC (White River Junction, VT)

640 Marlboro St, Rte. 101 Keene, NH 03431 Fax: (603) 358-4977 Phone: (603) 358-4900

Littleton CBOC (White River Junction, VT)

264 Cottage Street Littleton, NH 03561 Phone: (603)

575-6700 Fax: 603-575-6778 Hours: 8am - 4:30pm, Mon-Fri

Supportive Services for Veteran Families (SSVF)

(SSVF): Assists homeless and at-risk Veterans with aim to improve housing stability. There are two different SSVF providers and Veterans are encouraged to select and work with one. NH SSVF providers include:

Assists homeless and at-risk Veterans with housing stability

Veterans Inc. 603-247-5283 or 401-2537	Harbor Homes : 603-882-3616

Emergency Sheltering Programs

The Friends Program	Bancroft House 104	Carey House	Tyler Blain House
202 North State Street	Harvard St. Franconia,	177 Union Avenue	56 Prospect St. Lancaster,
Concord, NH 03301 603-	NH 03580	Laconia, NH 03246 603-	NH 03584
228-1193	603-823-8842	528-8086	603-788-2344 www.tccap.org
New Horizons for NH	The Way Home	Maple Arms Shelter	The Bridge House, Inc.
434 Union Street	214 Spruce Street	14-1 Maple St	260 Highland St. Plymouth
Manchester NH 03103 603- 668-8698	Manchester, NH 03103 603-627-3491	Nashua, NH 03246 603-882-5451 www.harborhomes.org	NH 03264 603-536-7631 http://tbhshelter.org

Manchester VA GPD Transitional Housing Programs

BAE Systems Independence Hall	Buckingham Place	Dalianis House
Harbor Homes, Inc.	Harbor Homes, Inc.	Harbor Homes, Inc.
335 Somerville Street	45 Spring St. Nashua, NH 03060	59 Factory St. Nashua, NH 03060
Manchester, NH 03103	603-882-3616 ext. 1244	603-882-3616 ext. 1244
603-882-3616 ext. 1244	www.harborhomes.org/veterans-first	www.harborhomes.org/veterans

Other Transitional Housing: Homeless Veterans who want to be considered for admission to the Dodge House must be interested in gaining employment and be employable. Homeless Veterans who wish to be considered for admission to the Harbor Homes' single-room occupancy residence must be over the age of 62 or disabled.

Area Housing Authorities/Property Management Companies

New Hampshire Housing Finance Authority	Berlin Housing Authority
32 Constitution Drive	10 Serenity Circle
Bedford, NH 03110 800=640 7239 or 800-439-7247 or 603-472-8623	Berlin, NH 03570
Service/Intake 603-472-2089 TDD http://www.nhhfa.org rentinfo@nhhfa.org	(603) 752-4240
Lancaster Housing Authority	Northumberland Housing Authority
(Applications- Town Hall) c/o Berlin Housing Authority	(Applications-Town Hall) c/o Berlin Housing Authority

10 Serenity Circle	10 Serenity Circle Berlin		
Berlin NH 03570	NH 03570		
603-752-4240	603-752-4240		
Realty Resources Management The	SK Management		
Woods Apartments 1228	16 Charlevoix Place Laconia,		
Route 175 Campton, NH 03223	NH 03246		
603-726-4677 or 800-338-8538 877-550-4777	603-878-2400		
	603-878-4740 Fax		
Affordable Housing Education Development (AHEAD)	Northern Community Management: Beattie House		
161 Main Street	262 Cottage Street Littleton,		
Littleton, NH 03561	NH 03561		
603-444-1377 <u>www.homesahead.org</u>	800-639-3403		
Pelletier Property Management	Stewart Property Management		
120 Cottage St. Suite #2	41 Cottage Street		
Littleton, NH	Littleton, NH 03561		
603-444-6999 pellproperties@hotmail.com	603-444-5244 <u>www.stewartproperty.net</u>		
Hodges Companies: Prince Haven Apartments	Plymouth Woods		
20 Prince Haven Rd Plymouth, NH 03264 (603) 224-	(Plymouth area) Hanaway Management		
9221 Service http://www.hodgescompanies.com	603-536-4402		
Southern NH Services:	McIntyre School Apartments		
(Plymouth area) Fairgrounds Road 603-744-3627	16 Highland Street Whitefield, NH 03598 (800) 495-		
	7731 Toll Free http://www.crotchedmountain.org		
	mcintyre@crotchedmountain.org		
The Caleb Foundation, Inc.: Highland House Apartments 30			
Highland Street Whitefield	d, NH 03598 603-837-2626		

VA Homeless Outreach Program

National VA Homeless Veteran Call Center 1-877-424-3838	If you are a Veteran who is homeless or at risk of becoming homeless.	Simone Cote Littleton CBOC Littleton, NH Office: 603-575-6707 Cell: 802-359-2072	Covers the Northeast Kingdom of Vermont Orleans, Caledonia, Essex and Upper Grafton Counties.
Homeless Services Manchester NH VA Homeless Coordinator 603-624-4366 x3622	Manchester NH VA Jurisdiction (including Carroll, Belknap, Merrimack, Strafford, Rockingham and Hillsborough Counties)	Meghan Snitkin VA Medical Center White River Junction, 802-295-9363 x6939	Supervisor of Homeless Services

Rachel Cooper Brattleboro CBOC Brattleboro, VT 802-251-2228 X 2228 Cell: 802-356-2604	Covers in southeastern Vermont and western NH.	Steve Bobrowski Littleton CBOC 802-952-9054	Provides peer support services at the Boulder Point Apartments in Plymouth NH
Rob Norris Littleton CBOC 802-359-2072	Provides case management services at the Boulder Point Apartments in Plymouth NH	Don Monahan Littleton Clinic Littleton, NH 603-266-9868	Northeast Kingdom of Vermont and North Country of New Hampshire. Providing Peer Support Services.
Joshua Gerasimof Burlington CBOC 802-657-7089	Peer Support Supervisor		

Client Services

Department of Health and Human Services: DHHS

650 Main Street, Suite 200	Hobbs Street	80 North Littleton RD	65 Beacon St West
73 Berlin, NH 03570	Conway, NH 03818	Littleton, NH 03561	Laconia, NH 03246
(603) 752-7800 (800) 972-6111	(603) 447-3841 (800) 552-4628	(603) 444-6786	(603) 524-4485

Receive assistance paying for food, health care and phone service. Apply for Nutrition Programs and Medicaid Programs. Eligible applicants will be required to provide written documentation of their living situation, financial, employment, and disability status, and contact information.

Town Welfare Offices:

New Hampshire law (RSA 165) requires each city & town to have a local welfare program to help eligible residents meet their basic living needs.

Coos County Offices

Berlin	Carroll	Clarksville	Colebrook	Columbia
603-752-2120	603-846-5754	603-246-7751	603-237-4070	603-237-5255
Dalton	Dummer	Errol	Gorham	Jefferson
603-837-2092	603-449-2006	603-482-3351	603-466-3322	603-586-4553
Lancaster	Milan	Northumberland	Pittsburg	Randolph
603-788-3391	603-449-2484	603-636-1450	603-538-6697	603-466-5771
Stark	Shelburne	Stewartstown	W. Stewartstown	Whitefield
603-636-2118	603-466-2262	603-246-3329	603-246-3321	603-837-2551

Grafton County Offices

Alexandria	Ashland	Bath	Benton	Bethlehem
603-744-3220	603-968-4432	603-747-2454	603-787-6541	603-869-3351
Bridgewater	Bristol	Campton	Canaan	Dorchester
603-744-5055	603-7443354	603-726-3223	603-523-9881	603-786-9476
Easton	Ellsworth	Enfield	Franconia	Grafton
603-823-8017	603-726-7620	603-632-5026 x117	603-823-7752	603-523-7140
Groton	Hanover	Haverhill	Hebron	Holderness
603-744-9190	603-640-3200	603-787-6800	603-744-2631	603-968-3537
Landaff	Lebanon	Lincoln	Lisbon	Littleton
603-838-6220	603-448-2944	603-745-2757	603-838-6376	603-444-3996
Lyman	Lyme	Monroe	Orange	Orford
603-838-5900	603-795-4639	603-638-2644	603-523-7054	603-353-4889
Piermont	Plymouth 603-536-2242	Rumney	Sugar Hill	Thornton
603-272-4840		603-786-9511	603-823-8468	603-726-4232
Warren	Waterville Valley	Wentworth	Woodstock	
603-764-5780	603-236-4730	603-764-9955	603-745-8752	

Carroll County Office

Town of Conway Welfare Office-BJ Parker, General Assistance Officer 1634 East Main Street Center Conway NH 03813 Phone: 603-447-3811 Dial 214 Fax: 603-447-1348

Meals & Food Services

Free daily meals are available throughout the region. In addition to meals, there are several community food shelves. Listings of meals are available upon request. 2-1-1 NH are great resources to find local up-to-date information regarding meals and food services. Other sources to find out about food shelves and pantries by location include:

New Hampshire Food Bank

603-669-9725 www.nhfoodbank.org

Food Pantries

Coos County

Harvest Christian Church 219 Willow Street Berlin, NH 03570 603-752-5374	Salvation Army 15 Cole Street Berlin, NH 03570 603-752-1644	St. Vincent De Paul 153 Grafton Street Berlin, NH 03570 603-752-4844	Helping Hands North 96 Main Street Colebrook, NH 03576 603-237-5891
Tri County CAP 4 Pleasant Street Colebrook, NH 03576 603-237-8168	St. Francis Xavier 10 State Street Groveton, NH 03582 603-636-2486	Christ United Methodist Church Main Street Lancaster, NH 03584 603-788-2734 M, W, & F 1-3 pm	St. Matthew Roman Catholic Church 9 Jefferson Road Whitefield, NH 03598 603-837-2558

Upper Grafton County

Bethlehem Town Office 2251 Main Street Bethlehem, NH 03574 603-869-3351	Helping Hands Food Pantry 475 Whitefield Road Bethlehem, NH 03574 603-444-1230	Campton Area Resource 12 Six Flags Road Handyman Bldg. Campton, NH 03223 603-236-6232	Campton Town Office 1307 NH, RTE. 175 Campton, NH 03223 603-726-3223
Church of Christ 44 Church Street Franconia, NH 03580	All Saints Episcopal Church 35 School Street Littleton, NH 03561 603-444-3414	White Mountain Christian Church Food Pantry 70 Redington Street Littleton, NH 03561 603-444-6517	Lincoln Community Center Lincoln NH 603-745-4705
Assembly of God 319 Highland Street Plymouth, NH 03264 603-536-1966	Plymouth Area Closet 5 South Main Street Plymouth, NH 03264 603-536-1101	Plymouth Town Office 260 Highland Street Plymouth, NH 03264 603-536-2242	The Good Shepard Ecumenical Food Pantry Robert Clifford Building 65 South Court Street Woodsville, NH 03785 603-747-3442

Carroll County

Memorial Hospital	First Christian Church of	Moultonborough United	Vaughan Community
Community Health 298	Freedom	Methodist Church	Service
White Mountain	12 Elm Street	1018 Whittier Highway	2503 White Mt. Highway
Highway	Freedom, NH 03836	Moultonborough, NH	North Conway, NH 03860
Conway, NH 03818 603-447-8900	603-539-5453 or 539-2637	03254	603-356-2324
003-447-8900			

Agape Ministries 1895 Route 16 West Ossipee, NH 03890

603-539-4456

Wakefield Food Pantry 132 Meadow Street Sanbornville, NH03872 603-522-3094

Community Food Center Andrew's-In-The-Valley 678 Whittier Road St. Tamworth, NH 03886

Life Ministries 264 S. Main Street Wolfeboro, NH 03894 603-569-0202

Other Transitional Housing

Homeless Veterans who want to be considered for admission to the Dodge House must be interested in gaining employment and be employable. Homeless Veterans who wish to be considered for admission to the Harbor Homes' single-room occupancy residence must be over the age of 62 or disabled.

The Dodge House
95 Crescent Street
Rutland, VT 05701
802-775-6772

Harbor Homes, Inc. 10 Trinity Street Claremont, NH 03743 603-882-3616

Berlin Vet Center: This center serves northern New Hampshire, the Northeast Kingdom of Vermont, and parts of western Maine. Please call 603-752-2571. Or, come visit this center at 515 Main Street, Suite 2, Gorham, NH 03581.

Peer Support- VET-TO-VET: Gorham, New Hampshire- A volunteer group of Veterans helping other Veterans. Military Veterans from all eras and active duty personnel. 1st and 3rd Tuesday each month, 6:30 p.m. 7:30 p.m. Gorham Family Resource Center, 123 Main Street for Further Information please contacts any of the following:

Dave Canter: (603) 723 7273	Lon Weston: (603) 869-2128	Robin Lavertu:
lambschapel@msn.com	shermaninn@yahoo.com	(603) 752-5500 ext. 92316

Way Station

Day Resource Center for Homeless & Housing-Insecure Residents of Mt. Washington Valley.

Get in touch: Phone: 603-452-7113 Email: waystationnh@gmail.com
Mailing Address: PO Box 1888 North Conway NH 03860
Physical Address: 15 Grove Street North Conway NH 03860

Mission Statement: Provide safe, welcoming, non-judgmental space and supportive services for homeless & housing insecure residents of Mt. Washington Valley.

Hours of Operation (When Volunteers are Available to Staff Shifts) CALL 603-452-7113 for support seven days a week. We're currently offering curbside services only on Thursdays 5-6pm, with "go bags" including client's mail, toiletries, laundry cards & detergent, phone cards, emergency food, camping supplies (if available and needed) and more. We also meet with clients weekly, conduct wellness calls, develop relationships with people who seek our help, and support client goals with advocacy and referrals to additional resources.

Community Action Agencies (CAP)

Help with electric service payment assistance, gas service payment assistance, heating fuel assistance.

Ashland	Berlin	Colebrook	Groveton
41 School Street	53 Main Street	3 Parsons Street	13 Main Street, Apt. 2
Ashland, NH 03217	Berlin, NH 03570	Colebrook, NH 03576	Groveton, NH 03582
603-968-3560	603-752-7001	603-237-8168	603-636-5004
1 - 1			
Lebanon	Littleton	Meredith	Woodsville
57 Mechanic St Suite G-01	262 Cottage Street, Suite 3	Meredith 147 Main St,	Woodsville 6 School Street
57 Mechanic St Suite G-01	262 Cottage Street, Suite 3	147 Main St,	6 School Street

Department of Employment Security

The State of New Hampshire offers a job match system, job search resources and services through NH Works (www.nh.gov/residents/working.html. Also see the offices listed under the Division of Family Assistance for the State of New Hampshire where Employment Programs exist as well.

Berlin, NH Employment Security-151 Pleasant St, Berlin. Robin Lavertu, Veterans Employment Services Specialist, is available Mondays and Tuesdays from 8:00 am to 4:30 pm and Thursdays from 8:00 am to 2:00 p.m. to assist Veterans who have barriers to work. To contact Robin Lavertu call (603) 752-5500 ext. 92316

Littleton, NH Employment Security- 646 Union Street, (603) 444-2971. Hours: Mon through Fri 8 am to 4:30 pm.

Plymouth, NH Employment Security: The Veteran rep is available on the 3rd Wednesday of every month at the Plymouth Whole Village Family Resource Center. For an appointment call (603) 538-9318 or (603) 536-3720.

Food Stamps, Fuel Assistance & Other State Support Programs

Division of Client Services- Department of Health and Human Services, State of New Hampshire: DHHS

650 Main Street, Suite 200	Hobbs Street	80 North Littleton RD	65 Beacon St West
73 Berlin, NH 03570	Conway, NH 03818	Littleton, NH 03561	Laconia, NH 03246
(603) 752-7800 (800) 972-6111	(603) 447-3841 (800) 552-4628	(603) 444-6786	(603) 524-4485

Receive assistance paying for food, health care and phone service. Apply for Nutrition Programs and Medicaid Programs. Eligible applicants will be required to provide written documentation of their living situation, financial, employment, and disability status, and contact information.

Domestic Violence Programs

Tri-County Community Action Program

Response to Sexual & Domestic Violence Berlin, NH 03570 603-752-5679

866-662-4220 (Hotline)

Support Center at Burch House Littleton, NH 03561 800-774-0544 (Hotline) 603-747-2441 Woodsville 603-444-0624

Voices Against Violence PO Box 53 Plymouth, NH 03264 603-536-1659 or 536-5999 877-221-6176 (Hotline)

Vocational Rehabilitation

If you are disabled and would like to re-enter the job market, you may contact a local office for the State's Department of Vocational Rehabilitation. Meet with a Benefits Counselor and attend an orientation will help you with determining how much money you are allowed to make while collecting Social Security Disability Income and/or Supplemental Security Income benefits as well as the roles, responsibilities of you, the job seeker, and the State Agency. You will most likely meet with a Vocational Rehabilitation Specialist to determine your interests, examine your job history, and review any modifications or accommodations needed on account of your disability.

3 Twelfth St, Unit A Berlin,	103 Roxbury St	Rivermill Commercial Center
NH 03570	Keene, NH 03431	85 Mechanic Street Suite 260A
603-752-2271	603-357-0266	Lebanon, NH 03766 603-448-5793

Legal Assistance Resources

Legai Assistant	c Nesources
Legal Boots on the Ground Clinic PO BOX 243, Rochester, NH 03866 603-716-8488 www.vfnh.org NH Bar Association (Low-Income Tax Payer Project) Barbara Heggie 603-715-3215	New Hampshire Legal Assistance Offices in- Claremont 800-562-3994, Berlin 800-698- 8969 Portsmouth 800-334-3135 Monday-Friday 8:30am-5pm_www.nhla.org
NH Legal Advice & Referral Services (LARC) 800-639-5290 LARC is a phone-based legal aid organization. The advocates there give advice on a wide range of civil legal matters and make referrals to the Pro Bono Referral Program, New Hampshire Legal Assistance, and the Disabilities Rights Center. https://www.nhlegalaid.org/about/legal-adviceandreferral-center.	NH Pro Bono Low-Income Taxpayer Project 603-715-3215 The Low-Income Taxpayer Project at the NH Pro Bono Referral Program provides legal representation for people facing tax controversies with the IRS https://www.nhbar.org/legal-services-programs/pro-bono

Veteran Service Organizations (VSO)

Friends of Veterans (FOV) is a 100% volunteer-run, non-profit organization that assists Veterans with improving their self-sufficiency through classes, case management, and financial assistance for those who qualify. Veterans who are looking for assistance with back rent, a security deposit, or overdue utility bills will need to present their DD-214 and documentation regarding their financial circumstances such as eviction notice, outstanding balance on an invoice, and a completed expense and income form. Veterans should contact FOV for an intake meeting. (See contact information below.)

Your local American Legion, Disabled American Veterans, Veterans of Foreign Wars, or other non-VA Veteran organizations may have financial and non-financial assistance available. Local posts should have a Service Officer who will gladly help with many of your questions and advise you where to go for other help. They may be your best first contact

Veterans Count (Easter Seals): 603-315-4354 <u>cfisher@eastersealsnh.org</u>	
Combat Vets Association NH	Veterans 2 Veterans Group
Vets Helping Vets	"Family through Service"
Jeffrey Doc Brooks Chapter 55, 603-348-1976	Littleton NH
(Covering Springfield to Bath)	603-966-0201
Nathan Smith Chapter 53	Veteran2veterangroup@gmail.com
603-348-1012 Covering Northern NH	reteranz reterangroup & mamoun

American Legion: 802-296-5166 (VT) 603-222-5786 (NH)	Disabled American Veterans: 802-296-5167 (VT) 603-222-5788 (NH)
Veterans of Foreign Wars: 802-467-8509 (VT) 603-335-5923 (NH)	Vietnam Veterans of America: 802-775-1745 (VT) 603-566-7749 (NH)
Vermont State Office of VA Montpelier Vermont 802-828-3379	Veteran Advocate & Resource Specialist (NH) Cathy Bentwood RN. Available at the Plymouth NH American Legion Wed 2- 4. Veterans or families at risk welcomed Cell: 603-455-1057/603-254-9848 bridgehouseinc@gmail.com

New Hampshire Division of Veterans Services
Krystal M. Letourneau, Veteran Service Officer, 603-486-8290

Serving North Country Veterans & their Families. Call to schedule at the following locations: Littleton, Berlin, Conway 603-624-9230 x 301

American Legion Post Directory

Guyer-Carignan P22	Weld-Webster Post 55	Durand-Haley Post 66	Fredonwarell Post 17
189 Mechanic Street	3 NH Rt 118	South Main Street	206 State Street
Lebanon, NH 03766	Canaan, NH 03741	Plymouth, NH 03264	Groveton, NH 03582
603-448-3429			603-636-2408
Dupont-Holmes P82	Griggs-Wyatt Post 33	Ryan-Scammon Post36	Strong-Nourse P68
6 Androscoggin Street	6 Plymouth Street	112 Pleasant Street	2400 ST Johnsbury RD
Gorham, NH 03581	Meredith, NH 03253	Berlin, NH 03570	Littleton, NH 03561
603-466-2433	603-279-8503	603-752-6432	603-444-4802
Ross-Wood Post 20	Elwood O. Wells P 112	George L O Neil Post62	Lamott Kenneson P76
4 Ammonoosuc Street	1044 Short Falls RD.	4 Pleasant Street	7 Mt. Moosilauke Hwy.
Woodsville, NH 03785 603-	Epsom, NH 03234	Colebrook, NH 03576	Wentworth, NH 03282
747-3378	603-736-9707	603-237-8100	603-786-9533
Ralph W. Shirley	North Conway Post 95	William H. Jutras P 43	Crosby-Gilbert Post 101
47 Tasker Hill RD.	116 Kearsarge RD.	56 Boutwell Street	14 Powers Lane
Conway, NH 03818	North Conway, NH	Manchester, NH	Andover, NH 03216
603-447-3927		ŕ	603-735-5112
George Minot Cavis	Bridge-Wilson Post 77	Wilkins-Smith Post 1	Henry E. Staniels P 97
34 Spring Street	73 Main Street	849 N. Main Street	1040 Main Street
Bristol, NH 03222	Walpole, NH 03608	Laconia, NH 03247	Grafton, NH 03240
603-744-3144	603-756-4712	603-524-9728	Phone: N/A
Harriman-Hale Post 18	Guyer-Carignan Post22	Penacook Post 31	Charles C. Kilborn P58 1
142 Center Street	189 Mechanic Street	11 Charles Street	Mill Street 2nd FL
Wolfeboro, NH 03894	Lebanon, NH 03766	Penacook, NH 03303	Belmont, NH 03220
603-569-9817		·	
Roland E. Patnode, Jr. Post 7	Loudon Post 88	Peterson-Cram Post 75	Clarence Perkins P60
94 Eastern Avenue	29 S. Village RD.	3 Loudon RD. Pittsfield,	526 Main Street
Rochester, NH 03867	Loudon, NH 03307	NH 03263	Farmington, NH 03835
Bridge-Wilson Post 77	Richard A. Mitchell P	Lee Knapp Post 96 10	Dupuis-Cross Post 15
73 Main Street	51	North RD.	37 Main Street
Walpole, NH 03608	R. 125 & Elm Street	Danbury, NH 03230	Ashland, NH 03217
603-756-4712	Epping, NH 03042	Phone: NA	Phone: NA
	603-679-8320		
Henry J Sweeney Post 2	New London Post 40 64	Oscar Morehouse P61	Whiteman-Davidson P 49
251 Maple Street	Village RD.	8 Steeple Street	4 Park Street
Manchester, NH 03103 603-	Wilmot, NH 03287	Milton, NH 03851	Northfield, NH 03276
623-9145	Phone: NA	603-473-2347	603-286-7786
Martel-Roberge P 47	Claremont Post 29	Claude R. Batchelder	Candia NH Post 91 121
551 Foundry Street	119 Broad Street	164 Wolfeboro Hwy.	Tower Hill RD.
Rollinsford, NH 03869	Claremont, NH 03743	P72	Candia, NH 03034
		Alton, NH 03809	

Roswell D. Whitcomb Post 53	Joseph Newton Smith	Concord, NH F	ost 21	John J. Maguire Post 28
121 S. Fruit Street	183 Main Street	7 Perley Street		43 Church Street
Concord, NH 03301	Lincoln, NH 03251	Concord, NH	03301	Suncook, NH 03275
603-856-8951	603-745-8377	603-225-04	198	603-485-5628
Everett J. Bourdon P73	Somersworth Post 69	Hoague-Batchelder		Young and Richardson
246 Catamount RD.	9 Constitutional Way	Post 103 37 No	orth RD.	Post 59 538 W. Main St.
Northwood, NH 03261	Somersworth, NH	Deerfield, NH	03037	Hillsboro, NH 03244
Merrill-Follansbee P37	Griggs-Strickland P 85 1	Roger E Cardin Jr P 114		Myers-Prescott-Olson Post
5 Riverside Street	Mack RD.	2 Concord	RD.	50 7 West ST.
Hooksett, NH 03106	Gilsum, NH 03448	Lee, NH 03861		Antrim, NH 03440
Raymond Post 90	Robert G. Durgin P67	Ingerson-Smith P41 44		Manchester Post 79
32C Harriman Hill RD.	151 Main Street	Littleton	RD.	35 W. Brook Street
Raymond, NH 03077	Newmarket, NH 03857	Whitefield, NH 03598		Manchester, NH 03101
603-244-2288	603-659-3155	603-837-3173		603-623-9218
Brewster-Gould-Lee-Rollin	s Wilkins-Bigelow	Wilkins-Bigelow-Pearson P39		ger Montgomery Post 81
Post 25 118 John Stark Hwy	v. 8 Kearsarge S	8 Kearsarge Street Ext.		169 Bound TR RD.
Newport, NH 03773	Warner, N	ner, NH 03278		Contoocook, NH 03229

VFW Post Directory

Whitton-Pelton P4354	Francis P. Murphy P5386	Dishard K Hamsell D0404	
		Richard K Harvell P8401	White Mountain P2520
42 River St	PO Box 380	PO Box 10144	1107 Main St
Alstead, NH 03602	Bartlett, NH 03812	Bedford, NH 03110	Berlin, NH 03570
Phone: N/A	603-374-2764	603-624-6836	603-752-9754
Newfound Area	Charlestown Memorial	Oliver Lacasse Post 808	Contoocook Post1490
Memorial Post 10640	P8497	150 Charlestown Rd	IOOF Hall Park Ave
30 Hillside Ave	PO Box 1337	Claremont, NH 03743	Contoocook, NH 03229
Bristol, NH 03222	Charlestown, NH 03603	603-542-9353	603-746-4959
603-744-8810	603-826-5186		
Concord Post 1631	Mt. Washington P11557	Derry Memorial P 1617	Dover Post 12060 PO
6 Court Street	PO Box 1111	18 Railroad Ave	Box 2215
Concord, NH 03301	Conway, NH 03818	Derry, NH 03038	Dover, NH 03821
603-228-8907	603-323-7988	603-432-3975	Phone: N/A
Franklin Post 1698 PO	Little Monadnock P10289	Ammonoosuc Valley	Hampstead Post 11254
Box 143	PO Box 72	Post 6808 8 Craggy RD.	PO Box 1
Franklin, NH 03235	Fitzwilliam, NH 03447	Groveton, NH 03582	Hampstead, NH 03841
603-934-9869	603-585-9514	603-636-1634	Phone: N/A
Hinsdale Memorial P4234	Hollis Memorial P11373	Hudson Memorial P5791	Jaffrey Memorial
PO Box 99	PO Box 1012	PO Box 430	P5613 PO Box 483
Hinsdale, NH 03451	Hollis, NH 03049	Hudson, NH 03051	Jaffrey, NH 03452
603-336 6210	603-465-2301	603-882-2136	603-532-8887

Daley Whipple Post 799	Kingston Memorial P1088	John W. Weeks P3041	Whitefield Post 10675	
PO Box 24 Keene, NH	93 Rt 125	259 Main	PO Box 193	
03431	Kingston, NH 03848	Lancaster, NH 03584	Whitefield NH 03598	
603-357-0149	603-642-5510	603-788-3312		
Howard H. Shawney Post 816 600 Cottage St, Littleton, NH 03561 603-444-5750				

Congressional Contacts

Senator Jeanne Shaheen:

506 Hart SOB Washington DC 20510 202-224-2841

2 Wall Street Suite 220 Manchester NH 03101 603-647-7500

50 Opera House Square Claremont NH 03743 603-542-4872

34 Central Avenue Suite 205 Dover NH 03820 603-750-3004

12 Gilbo Avenue Suite C Keene NH 03431 603-358-6604

961 Main Street Berlin NH 03570 603-752-6300

60 Main Street Suite 217 Nashua NH 03060 603-883-0196

Rep Ann McLane Kuster:

320 Cannon HOB Washington DC 20515 202-225-5206

18 N. Main Street 4th Floor Concord NH 03301 603-226-1002

184 Main Street Suite 222 Nashua NH 03060 603-595-2006

33 Main Street Suite 202 Littleton NH 03561 603-444-7700

Senator Maggie Hassan:

324 Hart SOB Washington DC 20510 202-224-3324

1589 Elm Street 3rd Floor Manchester NH 03101 603-622-2204

14 Manchester Sq. Suite 140 Portsmouth NH 03801 603-433-4445

142 Main Street Suite 520 Nashua NH 03060 603-880-3314

168 Main Street Lower Level Berlin NH 03570 603-752-6190

Rep Chris Pappas:

323 Cannon HOB Washington DC 20515 202-225-5456

660 Central Avenue Suite 101 Dover NH 03820 603-285-4300

889 Elm Street Manchester NH 03101 603-935-6710

STATE OF VERMONT

Primary Contacts

VA Homeless Outreach Worker: Simone Cote Coverage for Northeastern Vermont Cell: 802-952-9068, Simone.Cote@va.gov	Call 2-1-1 Vermont for Information/Resource assistance. 8am to 8pm Mon-Fri. Outside Vermont call 802-652-4636 vermont211.org		
Northeast Kingdom Community Action—	Northeast Kingdom Community Action—		
Northeast Kingdom Community Action— Newport, Vermont 802-334-7316	Northeast Kingdom Community Action— St. Johnsbury, Vermont 802-748-6040 Essex		

Community Based Outreach Clinics (CBOC)

Once in the VA healthcare system Veterans are able to choose where they would like to be seen for primary care. They are able to receive their care at the hospital or any of the centers listed below.

Bennington CBOC (White River Junction, VT) 186 North Street Bennington, VT 05201 Phone: (802) 440-3300 Fax: (802) 442-3337 Hours: 8am - 4:30p Mon-Fri	Brattleboro CBOC (White River Junction, VT) 71 GSP Drive Brattleboro, VT 05301 Phone: (802) 251- 2200 Fax: (802) 251-2277 Hours: 8am – 4:30pm, Mon, Wed, Thurs, Fri 10:30am – 7:00pm, Tues
Rutland CBOC (White River Junction, VT) 232 West Street Rutland, VT 05701 Phone: (802) 772- 2300 Fax: (802)-772-2377 Hours: Mon, Wed, Thurs 8 am - 4:30 pm Tues, 8am to 5:30pm, Fri 7:30am 4:30pm	VA Medical Center (White River Junction VT) 215 North Main Street White River Junction, VT 05009 Phone: 802-295-9363 Hours: 7 Days/Week 24 hours
Newport CBOC (White River Junction, VT) 1738 Crawford Farm Rd Newport VT 05855 Phone: (802) 624-2400 Fax: (802) 624-2477 Hours: Mon, Tues & Thurs 8 am to 4:30 pm, Wed & Fri 7 am to 3:30pm	Burlington Lakeside Clinic (White River Junction, VT) 128 Lakeside Ave. Suite 260 Burlington, VT 05401 Office: 802-657-7000 Fax: 802-657-7077 Hours: Mon, Tues, Thurs, Fri 8am to 4:30pm; Wed 8am to 7pm

Support Services for Veteran Families (SSVF)

There are different SSVF providers and Veterans are encouraged to select and work with one. Vermont SSVF providers include:

Veterans Inc.	SSVF at the University of Vermont:
802-451-9189	802-656-3232
802-222-7429 or 802-449-7509	844-820-3232 Toll Free

Emergency Sheltering Programs

Samaritan House 20	Good Samaritan Haven 105	Groundworks Shelter 81	
Kingman St.	N. Seminary St.	Royal RD.	
St. Albans, VT 05478	Barre, VT 05641	Brattleboro, VT 05301	
802-527-0847	802-479-2294	802-257-0066	
<u>Samaritanhouseinc.com</u>	goodsamaritanhaven.org	groundworksvt.org	
сотѕ	Upper Valley Haven 713	John Graham Shelter 69	
189 Church St.	Hartford Ave.	Main St.	
Burlington, VT 05401 802-862-	White River Junction, VT 05301	Vergennes, VT 05491	
5418/7402 www.cotsonline.org	802-295-6500	802-877-2677	
	uppervalleyhaven.org	www.johngrahamshelter.org	
Safe Haven	Open Door Mission 31	ANEW Place	
4 Highland Ave	Park St.	89 North St.	
Randolph, VT 05060 802-728-	Rutland, VT 05701	Burlington, VT 05401	
5233	802-775-5661	802-862-9879 <u>www.beshelter.org</u>	
St. Johnsbury Warming Shelter 802-748-6040 Open only during winter, please call for more information.			

Transitional Housing Programs

-Grant and Per Diem (GPD)-

Depending upon what your individual needs and on bed availability at particular locations, you may be eligible for one of the Grant and Per Diem (GPD) Programs. The GPD programs are transitional, supportive housing in which homeless Veterans may potentially stay for up to two years with the goal of working toward permanent housing during this period. GPD Programs involve a range of structured activities, such as group and house meeting attendance and participation, opportunities to meet with non-VA human service providers, and offerings for volunteer, social, and civic opportunities. Veterans are allowed 3 admissions to a GPD program in their lifetime. There are circumstances where this limit may be waived. The determination is made between the GPD program site staff, the VA liaison assigned to the GPD program site, and the national GPD program headquarters.

Veterans with an honorable or other than honorable discharge may be eligible for the GPD program. The Veteran's period of service must include a period of active military duty not for the purpose of training. Therefore, you may be eligible for VA homeless out-reach services while you are in the GPD program even when you may not be eligible for VA health care. Veterans are provided lodging at the GPD sites and case management. The VA pays for services and case management. Veterans may pay a residential fee.

As a general rule, in order to be admitted to any one of the GPD Programs, Veterans need to have a 30-day sobriety from illicit substances and alcohol; GPD Programs have a zero-tolerance policy for illicit substance and alcohol consumption and/or possession. Veterans are required to have had a physical and mental health evaluation 30-day prior to entering a GPD Program. You will be asked to complete Releases of Information and/or fill out applications for GPD Programs of interest. VA Homeless Outreach team members can assist with the completion of applications for GPD Programs.

Some individual GPD Programs encourage or require face-to-face interviews and/or tours of the facility prior to admission. VA Homeless Outreach team members are only able to accommodate one visit per Veteran to a GPD Program, if you are interested in visiting more than one prior to committing. You should consider coordinating transportation arrangements independently for additional visits.

Each site develops their own specific criteria for admission due to the different offerings provided at each program. Some sites have limited space available for families and/or couples on a case-by-case basis.

Phoenix Houses of New England, Inc. RISE Program	Veterans, Inc.		
11 Underhill Avenue	378 North Main Street		
Bellows Falls, Vermont 05101	Bradford, VT 05033		
Office: 802-463-9851 Fax: 802-463-9814	Office: 802-222-1543 Fax: 802-222-5100		
www.phoenixhouse.org/locations/Vermont	www.Veteransinc.org		
The Veterans Place, Inc.	COTS Canal Street Housing for Veterans		
220 Vine Street	120 W. Canal St., Suite 115		
Northfield, VT 05663	Winooski, VT 05404		
Northfield, VT 05663 Office: 802-485-8874 Fax: 802-485-9080	Winooski, VT 05404 Office: 802-655-1617 Fax: 802-654-9920		

Area Housing Authorities/Property Management Companies

3 Old Pump Road	P.O. Box 86		One Prospect Street	
Jericho, VT 05465	Lyndonville, VT 05851		Montpelier, Vermont 05602	
802-899-3400 or 877-321-3400	802-535-3555 or 802-334-1541		802- 828-3295	
Memphremagog R	Rentals		MT Holyoke Management	
273 Main Street, S	, STE. 2 VT Depot		pot Square Apartments (St. Johnsbury, VT)	
Newport, VT 058	5855		344 Main Street	
802-334-2262 or 866-334-2261 Fax 802-334-2454		Holyoke, M	IA 01040	
www.memphremagogro	entals.com			

Rural Edge

Alliance Property Management

413-534-0955 or 802-748-4330

Vermont State Housing Authority

Other Transitional Housing: Homeless Veterans who want to be considered for admission to the Dodge House must be interested in gaining employment and be employable. Homeless Veterans who wish to be considered for admission to the Harbor Homes' single-room occupancy residence must be over the age of 62 or disabled.

The Dodge House: 95 Crescent Street Rutland, VT 05701 802-775-6772 www.gmvevac.com/dodge-house.html

Meals and Food Services

Free daily meals are available throughout the region. In addition to meals, there are several community food shelves. Listings of meals are available upon request. 2-1-1 NH are great resources to find local up-to-date information regarding meals and food services. Other sources to find out about food shelves and pantries by location include:

Vermont Food Bank

800-585-2265 www.vtfoodbank.org

Food Pantries

Caledonia County

Emergency Food Shelf 1476 Scott Highway Groton Town Office Groton, Vt. 05046 802-584-3276	We St. Joh Hard	Food Pantry 39 est Church St. n Baptist Church wick, Vt. 05843 02-472-5940	Emergency Food S 51 Elm Street St. Peter's Missic Lyndonville, Vt. 05 802-626-5705	on 5851	Helping other People Every day—HOPE 101 Depot St Lyndonville, Vt. 05851 802-626-3228
Kingdom Community Ser	vices	NEKCA			Food Pantry
36 Steeple Place		115 Lincoln Street		R	oute 122 Sheffield Town Hall
St. Johnsbury, VT. 058	319	St. Johnsbury, VT. 05819			Sheffield, VT. 05866
802-751-8581		802-748-6040			802-745-7491
Vaggio Van Go provides free fresh produce and other feeds the last Thursday of each month at NIVPH hospital					

Veggie Van Go provides free fresh produce and other foods the last Thursday of each month at NVRH hospital cafeteria at 1315 Hospital Drive, St. Johnsbury VT. Call Community Connections with questions: 802-748-7526

Essex County

NEKCA Outreach Office	First Congregational Church	NEKCA Outreach Office	Food Shelf
217 Gail Street	21 Middle Street	49 Mill Street Extension	9 West Main Street
Canaan, Vt. 05903	Island Pond, Vt. 05846 802-	Town Hall Basement	Town Clerk's Office
802-2667134	723-5037	Island Pond, Vt. 05846 802-	Lunenburg, Vt. 05906
		723-6245	802-892-5959

Orleans County

Food Shelf	NEKCA	Saint Mark's Episcopal Church	Orleans Federated Church
1036 VT RTE. 242	70 Main Street	44 Second Street	58 School Street
Municipal Building	Newport, Vt. 05855	Newport, Vt. 05855	Orleans, Vt. 05860
Jay, Vt. 05859	802-334-7316	802-334-7365	802-754-6486
802-988-2996			

Food Stamps, Fuel Assistance and Other State Support Programs

Economic Service Division - Agency of Human Services, State of **Vermont (**800) 479-6151 The Economic Services Division (ESD) helps Vermonters meets their basic needs through programs such as 3SquaresVT, Essential Person, Fuel Assistance, and Reach Up. These programs provide a safety net for individuals and families who may be experiencing unemployment, single parenthood, aging, disability, or other life-changing events.

Domestic Violence Programs

Umbrella—Newport, Vermont Newport, Vt. 05855 802-748-8645 (HL) or 802-334-1398 Umbrella—St. Johnsbury, Vermont St. Johnsbury, Vt. 05819 802-748-8645 (HL) or 802-748-1992

Vocational Rehabilitation

VocRehab offices are located in the Towns of Barre-Montpelier, Middlebury, Newport, St. Albans, Springfield, Bennington, Brattleboro, St. Johnsbury, Rutland, White River Junction, Burlington, and Morrisville. **VT VocRehab** (Vermont) 1-866-VRWORKS.

Department of Labor

The following Department of Labor Career Resource Centers will be able to assist you in connecting with a Veterans representative, who can assist you with your job search. Most are open Monday through Thursday 7:45AM-4:30PM and Fridays 9:45AM-4:30PM.

197 Harrell Street	Emory E. Hebard State Office	1197 Main Street, Suite 1
Morrisville, VT 05661	100 Main St., Suite 210	St. Johnsbury, VT 0581
802-888-4545	Newport, VT 05855 802-334-6545	802-748-3177

Veterans Service Organizations (VSO)

To apply for health care benefits through the VA or to request assistance from many Veteran Service Organizations, your DD-214 will be required. It is also possible that you may find your DD-214 at the State Office of Veterans' Affairs in which you were living upon Discharge from service.

Friends of Veterans (FOV) is a 100% volunteer-run, non-profit organization that assists Veterans with improving their self-sufficiency through classes, case management, and financial assistance for those who qualify. Veterans who are looking for assistance with back rent, a security deposit, or overdue utility bills will need to present their DD-214 and documentation regarding their financial circumstances such as eviction notice, outstanding balance on an invoice, and a completed expense and income form. Veterans should contact FOV for an intake meeting. (See contact information below.)

Veteran Service Organizations- Your local American Legion, Disabled American Veterans, Veterans of Foreign Wars, or other non-VA Veteran organizations may have financial and non-financial assistance available. Local

posts should have a Service Officer who will gladly help with many of your questions and advise you where to go for other help. They may be your best first contact

American Legion: 802-296- 5166	Disabled American Veterans : 802-296-5167		
Veterans of Foreign Wars: 802-467- 8509	Vietnam Veterans of America: 802-775- 1745		
Vermont State Office of VA			

Montpelier Vermont 802-828-3379

American Legion Post Directory

	7 208	ion rost Birectory	
American Legion P 10 320	Donald Mc Mahon P64	Bristol Post 19	Noble-Beckwith P 66 38
N Main Street Barre, VT	849 S. Main Street	56 Airport Drive	Woodland Drive Bethel,
05641	Stowe, VT 05672	Bristol, VT 05443	VT 05032
802-479-9058	Phone:NA	802-453-2951	
Sorrell-Maynard P63	Mad River Post 75	Chelsea, VT Post 61	Randolph Post 9
48 Depot Square	317 Meadow Road	Chelsea Fire House	19 S. Pleasant Street
Northfield, VT 05663	Waitsfield, VT 05673	RT 110 Chelsea, VT	Randolph, VT 05060
802-485-6713			
Montpelier Post 3	Hardwick Post 7	Morristown Post 33	Earl Brock Post 78
21 Main Street	15 N. Main Street	26 Upper Main Street	6679 Route 5 S
Montpelier, VT 05602 802-	Hardwick, VT 05843	Morrisville, VT 05661	Newbury, VT 05051
229-9043			
Wallace-McNulty-Hoyle P 4	St. Johnsbury Post 58	Fuller-Stearns Post 51	Williston Post 45
165 Greven RD Ext	12 Maple Street	232 Chelsea Street	7900 Williston RD
Proctorsville, VT 05153 802-	ST Johnsbury, VT 05819	South Royalton, VT	Williston, VT 05495
226-7179	802-748-9737	05068	802-338-2659
		802-291-2198	
Norwich University P1819	Henry L. Danforth P 53	Middlebury Post 27	Mt. Mansfield Post 35
158 Harmon Drive	296 Breezy Hill RD	49 Wilson RD	3 S. Main Street
Northfield, VT 05663	St Johnsbury, VT 05819	Middlebury, VT 05753	Cambridge, VT 05444
802-295-2002	Phone:NA	802-388-9311	802-730-5929
Lyndon Post 30	Arlington Post 69	Vergennes Post 14	Northland Post 47
4854 Memorial Drive Lyndon,	54 Legion RD	100 Armory Lane	1 Kingsley RD
VT 05849	Arlington, VT 05250	Vergennes, VT 05491	Canaan, VT 05903
802-748-9862	802-375-6157	802-877-3216	802-266-8160
Brandon Post 55	Ora E. Paul Post 24	Colchester Post 91	Milton Post 57
550 Franklin Street	59 Central Street	3650 Roosevelt HWY	2 Legion RD
Brandon, VT 05733	Woodstock, VT 05091	Colchester, VT 05446	Milton, VT 05468 802-
			899-1738

Bennington Post 13	Bra	attleboro Post 5	Orleans Post	23	Rutland Post 31
225 Northside Drive	32	2 Linden Street	23 Water Str	eet	33 Washington Street
Bennington, VT 05201 802-	Bratt	leboro, VT 05301	Orleans, VT 0	860	Rutland, VT 05701
442-8028	8	302-257-1872	802-754-65	10	802-773-9777
Enosburg Post 42	Green	n Mountain Post 1	Crippen-Fellow	s P50	Sheldon Springs Post 88
108 Depot Street	10	00 Parah Drive	Route 4A W	est	622 Machia RD
Enosburg Falls, VT 05450 802-	St A	Albans, VT 05478	Bomoseen, VT)5732	Sheldon, VT 05483
933-4142	8	302-524-5561	802-468-89	52	802-524-3623
Jeffery S. Holmes P 84	W	indsor Post 25	West Rutland P	ost 87	Brighton Post 80
VETERANS AFFAIRS Bldg. 44	2	1 Court Street	871 Pleasant S	treet	60 Railroad Street
White River Jct, VT 05001	Wind	sor, VT 05089	West Rutland, V	05777	Island Pond, VT 05846
603-298-6571	8	302-674-9967	802-438-51	l1	802-723-6019
Newport Post 21	Ri	chford Post 12	Jay Peak Pos	: 28	Fair Haven Post 49
35 Veterans Avenue	3	5 River Street	254 Dominion A	venue	72 S. Main Street
Newport, VT 05855	Ric	hford, VT 05476	North Troy, VT)5859	Fair Haven, VT 05743
802-334-6181	8	302-848-7704	802-988-28	51	802-265-7983
Ralph H. Pickett Post 52	Balla	rd-Hobart Post 36	J. Claire Carmo	ly P39	Creller-Landon Post 60
294 S. Main US 7 S	13	35 Main Street	689 Granville S	treet	35 N. Main Street
Wallingford, VT 05773 802-	Lu	dlow, VT 05149	Poultney, VT 0	5764	Alburgh, VT 05440
446-3366	8	302-228-9807	802-287-52	29	802-796-3574
Pierce-Lawton Post 37	На	artland Post 48	Lyman F. Pell	ost 8	West River Valley P16
42 Rockingham Street	1	0 Legion Drive	228 Beaver Mea	ow RD.	284 Hill RD.
Bellows Falls, VT 05101	Har	tland, VT 05048	Norwich, VT 0	5055	Brookline, VT 05345
Barton P 76 VETERAN		Nelson E. Pi	ckwell, P15		Harry N. Cutting P 59
RM MRL Bldg. Village Squar	e	256 Fulle	r Hill RD.		16 Stowe Street
Barton, VT 05822		Wilmington	, VT 05342		Waterbury, VT 05676

VFW Post Directory

Bennington City P1332 137 North Street Bennington, VT 05201 802-447-1969	Carl M. Dessaint P1034 P.O. Box 8233 Brattleboro, VT 05304 802-257-0438	Howard Plant Post 782 176 So. Winooski Ave. Burlington, VT 05401 802-864-6532	Castleton Bicentennial Post 8284 RT 4A Castleton, VT 05732
Coburn Eastmann	Mac Kenzie-Webster	Essex Junction Post 6689	Grand Isle Post 10854
Chelsea Post 8451 PO	Post 790	73 Pearl Street	St. Joseph's Church
Box 35	527 US-302	Essex Junction, VT 05452	Grand Isle, VT 05458
Chelsea, VT 05038	East Barre, VT 05649	802-878-0700	
802-685-4307	802-479-9073		
Howard B. Perry P 765	Hyde Park Post 7779	Random Island Pond 2309	Lyndonville Post 10038
Rte. 125	P.O. Box 237	PO Box 399	156 Hill St.
Hancock, VT 05748	Hyde Park, VT 05655	Island Pond, VT 05846	Lyndonville, VT 05851 802-
	802-888-7779	802-723-9862	626-8632

Harned Fowler P6471 PO Box 181 Manchester Center, VT 05255 802-362-9840	Addison County P7823 530 Exchange Street Middlebury, VT 05753 802-388-1011	Brown-Johnson Post 792 1 Pioneer St., Montpelier, VT 05620 802-229-9028	Lamoille County Post 9653 PO Box 491, 28 VFW St. Morrisville, VT 05661 802-888-5535
Alfred Pepin Post 798	Green Mountain P9449	Rutland County Post 648	Robert E. Glidden Saint
PO Box 312,	7 School St,	15 Wales St	Post 758
Newport, VT 05855	Randolph, VT 05060	Rutland, VT 05701	353 Lake St. St. Albans, VT
802-334-2627	802-728-5391	802-775-0722	05478
			802-527-0956
Ralph J. Mollica P793	Robert L. Johnson P 771	Charles P. Daprato P 778	White River Jet Post 2571
204 Eastern Avenue	P.O. Box 568	8 Merchants Row	P.O. Box 282
St. Johnsbury, VT 05819	Springfield, VT 05156	Swanton, VT 05488	White River Jct., VT 05001
802-748-6008	802-885-6008	802-868-3687	802-295-9745
John R	van Post 1767 6 Maple St	reet Winooski. VT 05404	802-655-9832

Legal Assistance Resources

Vermont Legal Aid 1-800-889-2047 located in Springfield, Montpelier,	Legal Services Law Line of Vermont 274 North Winooski Avenue
Burlington, St. Johnsbury, and Rutland. www.vtlegalaid.org	Burlington, VT 05402 802-863-7153 <u>www.lawlinevt.org</u>
South Royalton Legal Clinic (Vermont) 802-831-1500	VT Disabilities Law 1-800-834-7890
VT Prisoner's Rights	1-802-828-3194
The Community Restorative Justice Center, Inc. 576 Railroad St. Suite 2 St. Johnsbury, VT 05819 802-748-2977 Offers a monthly free Legal Clinic among other services http://communityrjc.org/	The Community Restorative Justice Center, Inc. t 79 Coventry Street, Suite 4A & 4B Newport, VT 05855 802-487-9327 Offers a monthly free legal Clinic among other
intip.//communityrjc.org/	servicesinfo@kingdomjustice.org

Veteran Justice Outreach Program (VJO)

The purpose of the Veterans Justice Outreach (VJO) Program is to avoid the unnecessary criminalization of mental illness and extended incarceration among Veterans by ensuring that eligible justice-involved Veterans have timely access to VHA services as clinically indicated. Veterans Justice Outreach Specialists are responsible for direct outreach, assessment, and case management for justice-involved Veterans in

local courts and jails, and liaison with local justice system partners. Mike Owens and Jim Bastien provide VJO services for the White River Junction VA. Mike Owens can be reached at 802-295-9363 x5681 and Jim Bastien can be reached at 802-295-9363 x6543.

Please note that VA cannot provide legal services. If you need legal assistance, please contact your local VJO

Specialist who may know of community resources for legal assistance.

www.statesidelegal.org/findinghelp.com

Veteran Outreach Program (VVO): Conducts ongoing outreach to primarily all combat Veterans and their families. Assists with identifying potential needs and facilitates access to all available resources. VVO partners with the Family Assistance Centers and other local, state and federal agencies, ensuring the concerns of Veterans and their families are responded to in a prompt and confidential manner. Orleans/Essex County: 802-399-6250. Caledonia County: 802-734-2282.

Transition Assistance Advisor (TAA) program: Serves all Military throughout career and retirement. TAA provides education, information, guidance and advocacy pertaining to Federal and State benefits, entitlements and local resources. Individual Transition Plans can be developed to encompass Health and Life Ins., Veterans Benefits, Education/Training, Financial Assistance, Disabled Veteran Benefits, Employment Assistance, Career Change and Relocation. 802-338-3354

Area Agency on Aging: Vermont Senior Helpline at 1-800-642-5119. The Area Agency on Aging for Northeastern Vermont is a private, community-based, non-profit organization working to support older adults (age 60+) and their family caregivers to live healthy, active, independent and productive lives. They serve residents in the counties of Caledonia, Orleans and Essex. www.nevaaa.org

Vermont Center for Independent Living: 1-800-639-1522 (Voice/TTY Information, Referral & Assistance services provided to people with disabilities, the deaf, their family members, organizations, and agencies. VCIL's Information, Referral & Assistance Specialists help you find the assistance you need to achieve your independence. www.vcil.org

Congressional Contacts

Senator Patrick Leahy:

437 Russell Senate Bldg. Washington DC 20510 202-224-4242

199 Main Street 4th Floor Burlington VT 05401 802-863-2525

87 State Street Room 338 Montpelier VT 05602 802-229-0569

Rep. Peter Welch

128 Lakeside Avenue #235 Burlington VT 05401 802-652-2450

Senator Bernie Sanders:

332 Dirksen Building Washington DC 20510 202-224-5141

1 Church Street 3rd Floor Burlington VT 05401 802-862-0697

481 Summer Street Suite 107 St. Johnsbury VT 05819 802-748-0191

STATE OF MAINE

Primary Contacts

VA Homeless Services: Togus VA Medical Center Augusta, ME 207-623-8411 x5658.

Call 2-1-1 Maine: For personal assistance 24 hours a day. Outside of Maine call: 866-811-5695, www.211Maine.org

Transition Assistance Advisor (TAA) program: Serves all Military throughout career and retirement. **TAA** offers Individual Transition Plans which includes education, training, information, guidance, advocacy, Health, Life Ins., Veterans Benefits, Career Change, Relocation, Financial and Employment Assistance, for Federal or State benefits. Includes entitlements and local resources, **207-430-5778**.

Domestic Violence

State-Wide Domestic Violence Helpline: 1-866-834-(HELP) 4357

Department of Labor

Call: 207-623-7900

Transportation Resources Disabled American Veterans Volunteer Drivers Program (DAV)

DAV provides FREE transportation for Veterans to and from the White River Junction VA Medical Center. Veterans should provide a Minimum of 48 hours' notice for pick-up, Walk-In and scheduled medical appointments between 9am and 2pm at the latest. The DAV Program office is located in Building 1, Ground Floor Blue Tile Area and can be contacted by calling 802-295-9363 x5394 or Toll Free 866-687-8387 x5394. The DAV program offers service to some areas in the NEK and the North Country but not all. There are DAV volunteer drivers who provide transportation to and from locations within the NEK and North Country. To see if the DAV Van Program can assist you with transportation it is best to contact one of the local van coordinators directly or call the main office in White River.

Haverhill NH David Pruitt- 603-989-5946	Newport Vermont Marlene Goodrich 802-754-8729
(Tues through Fri)	(Tue & Fri)

North Country Transportation

Berlin, NH 03570 Phone: 603-7526714 Toll Free: 888-997-2020

Rural Community Transportation, Inc. (RCTI)

St. Johnsbury VT 05819 Phone: 802-748-8170
(Service to Caledonia, Orleans and Essex)

Offers a fixed route service in the Berlin-Gorham, Colebrook-Groveton, Littleton-Lancaster, Northern Carroll County areas and door-to-door, senior and disabled citizen's transportation throughout The Great North Woods of Coos Country. Tri County Cap Transportation has Long Distance Medical program, call for more information.

Veterans Transportation Services (VTS)

Transportation for Veterans requiring special assistance due to mobility restrictions and operates wheelchair accessible vans. VTS operates three vans taking veterans to and from appointments including Boston area VA Medical Centers with Vans leaving at 8am, Noon and 2pm. (800-941-8387 x4381

Supportive Services for Veteran Families (SSVF)

Supportive Services for Veteran Families (SSVF) assists homeless and at-risk Veteran families. Through the SSVF Program, VA aims to improve very low-income Veteran families' housing stability. Grantees (private non-profit organizations and consumer cooperatives) will provide eligible Veteran families with outreach, case management, and assistance in obtaining VA and other benefits, which may include:

Health care services	Legal services	Daily living services	Child care services
Fiduciary and payee services	Transportation services	Personal financial planning services	Housing counseling services

In addition, grantees may also provide time-limited payments to third parties (e.g., landlords, utility companies, moving companies, and licensed child care providers) if these payments help Veterans' families stay in or acquire permanent housing on a sustainable basis.

Veterans Inc. 1-207-784-0182	
Veterans Inc. 1-207-784-0182	

Maine State Housing Authority 353 Water Street-Augusta, ME 04330 207-624-5777 or 866-357-4853

Maine Department of Health & Human Services 221 State Street-Augusta, ME. 04333 207-287-3707

Maine DAV Augusta, ME Phone: 207-551-4475

VA Supported Housing Program (VASH)

Homeless Veterans may qualify for the VASH program. VASH provides Veterans with long-term, ongoing case management in the community and a Section 8 Housing Choice voucher. Veterans must demonstrate a willingness to engage in goal-oriented activities, meet routinely with a case manager, comply with lease and occupancy agreements, and live within an hour of either the VA Medical Center or a Community-Based Outreach Clinic (CBOC). Notify a VA Homeless Outreach Worker if you are interested in learning more about the eligibility criteria, policies, and procedures associated with being a VASH enrollee and wish to be considered for VASH by the White River Junction VA homeless team.

Congressional Contacts

Senator Susan Collins:

413 Dirksen SOB Washington DC 20510 202-224-2523

One Canal Plaza Suite 892 Portland ME 04101 207-780-3575

Senator Angus King:

133 Hart Building Washington DC 20510 202-224-5344

4 Gabriel Drive Suite 3 Augusta ME 04330 207-62-8292

Rep Jared Golden:

1223 Longworth HOB Washington DC 20515 202-225-6306

179 Lisbon Street Lewiston ME 01240 207-241-6767

Rep Chellie Pingree:

2162 Rayburn Senate HOB Washington DC 20515 202-225-6116

2 Portland Fish Pier Suite 304 Portland ME 04101 207-774-5019

1 Silver Street Waterville ME 04901 207-873-5713

System Wide General Information

Employment and Training

The Homeless Veterans' Reintegration Program (HVRP): HVRP is the only federal program wholly dedicated to providing employment assistance to homeless veterans. DOL-VETS acknowledged that employment is the key to successful transition from homelessness to a life of self-reliance, dignity and promise. The program fosters interagency and community cooperation among homeless service providers; offers supportive services and vocational training; and as provides critical linkages for a variety of supportive services that include the entire continuum of care in their local communities. Veterans Inc.'s Employment and Training Specialists utilize a case management approach using client intake assessments and progress reports to identify individual needs and to develop practical individual performance plans. The program is "employment focused" and veterans receive the employment and training services they need in order to maximize potential for successful, long-term employment and permanent self-sufficiency. For more information call Ms. Katie Haley at Veterans Inc. 802-451-9189

Job placement	Job development	Resume preparation
Training	Career counseling	Interviewing skills

CWT/TWE (Compensated Work Therapy-Transitional Work Experience) was established to assist veterans with disabilities, or other barriers, to maintain competitive employment by providing work experiences that foster solid work ethics as well as independence. This therapeutic program is an independent Veteran benefit and does not affect any other VA benefit that the veteran may be receiving. Being a therapeutic program, a consult referral is required from the Patient's Primary Care Provider.

What is CWT? A work for pay program provided by Department of Veterans Affairs, Veteran Industries. A program that serves the interests of unemployed veterans as well as businesses seeking competitively priced labor. An extension of vocational rehabilitation services mandated by Title 38 USC Sec.1718. An opportunity for veterans to develop marketable skills and work habits. An opportunity for companies to achieve a reduction in costs and pre-select a stable work force. For more information contact is Sue Gattie at 802-295-9363 extension 6725.

VA Homeless Vocational Development Specialist: Karen Townley, T: 802.295.9363 x 4653

White River Junction VAMC. Helping Veterans with job placement and resume preparation.

The Vocational Rehabilitation and Employment (VR&E) Vet Success Program assists Veterans with serviceconnected disabilities to prepare for, find, and keep suitable jobs that will not aggravate or exacerbate service connected conditions. Services that may be provided include: Comprehensive rehabilitation evaluation to determine abilities, skills, and interests for employment; employment services which include assistance finding and keeping a job. If you are interested in applying for Chapter 31/VR and E services, please apply online. To learn more about this VR and E/Chapter 31 program go to www.vetsuccess.gov.

Foreclosure Prevention & Financial Counseling Resources

VA Loan Guarantee Service: In order to help veterans in serious financial trouble, VA Regional Loan Centers have technicians available to conduct financial counseling. **This counseling is designed to help avoid foreclosure**. If you want this assistance, call 1-800-729-5772 to reach a Loan Service Representative that can assist you.

General Guidance The US Department of Veterans Affairs urges all Veterans who are encountering problems making their mortgage payments to speak with their loan servicers as soon as possible to explore options to avoid foreclosure. Contrary to popular opinion, servicers really do *not* want to foreclose because foreclosure costs a lot of money. Depending on a Veteran's specific situation, servicers may offer any of the following options to avoid foreclosure:

Repayment Plan – The borrower makes regular installment each month plus part of the missed installments.

- 1. Special Forbearance The servicer agrees not to initiate foreclosure to allow time for borrowers to repay the missed installments. An example would be when a borrower is waiting for a tax refund.
- 2. Loan Modification Provides the borrower a fresh start by adding the delinquency to the loan balance and establishing a new payment schedule.
- 3. Additional time to arrange a private sale The servicer agrees to delay foreclosure to allow a sale to close if the loan will be paid off.
- 4. Short Sale When the servicer agrees to allow a borrower to sell his/her home for a lesser amount than what is currently required to pay off the loan.
- 5. Deed-in-Lieu of Foreclosure The borrower voluntarily agrees to deed the property to the servicer instead of going through a lengthy foreclosure process.

Access: http://benefits.va.gov/homeloans/ for additional information on VA loans and to watch videos of Veterans who have completed the workout options listed above.

GreenPath Financial Wellness is a national nonprofit financial counseling service. This service includes Foreclosure Prevention. If you are behind on you mortgage or having trouble making your payment call 1-800550-1961 or 1-888-594-2387 to reach a housing expert who will review your situation and explain the options for keeping your home, or getting out of a house you can't afford. GreenPath's certified housing counselors are available to help. Foreclosure prevention services are free.

AHEAD (New Hampshire) 1-603-444-1377 Post-Purchase & Foreclosure Counseling. They can work with you and your lender if you get behind in your mortgage payments or if you are just simply struggling to keep up.

RuralEdge (Northern VT) 802-535-3555 Their Financial Empowerment counseling sessions are packed with information on saving, debt reduction, spending plans, and investments. Their financial counseling provides participants with the tools to make informed financial decisions with confidence. **Hope Hotline**: 1-888-995-4673 Assistance to home owners. www.hopenow.com

www.hud.gov/offices/hsg/sfh/hcc/fc/ HUD approved housing counseling agencies.

Martins Point US Family Health Care (Tricare Resource)

Serves all Tricare military health care beneficiaries, managing the US Family Health (Tricare Prime) Plan for ME, NH, VT, & NY. Also available for group and/or one on one counseling providing education, information & guidance on Tricare options available to ensure a better understanding of the military health care benefit.

John Reed MSgt, USAF (Ret.)	Denise Luck
Health Benefits Specialist for ME & NH 603-430-5057	Health Benefits Specialist for VT 866-740-2623

Your local Martin's Point US Family Health Plan representative is available for virtual office hours and in-person visits at the times noted below to help you understand your TRICARE options. No appointment is necessary!

In-Person Visits: No appointment necessary-Mondays 2-5pm, Wednesdays 9am-Noon at Martin's Point Healthcare Conference Room-161 Corporate Drive-Portsmouth NH

Virtual Office Hours: Visit zoom.us/join and enter the meeting ID below on Tuesdays, 7-10am (839 5358 3266) or Wednesdays, 4-7pm (856 7225 2761)

Contact John Reed direct at 603-430-5057 if you can not join our regular times. Bring your questions about: TRICARE Prime benefits, turning 65/TRICARE for Life, dental/vision coverage through Benefeds, eligibility for college-aged dependents, out-of-area coverage, TAMP benefits, and any others you may have.

National Guard & Other Deployment Supports

Veterans and their Family Assistance Centers (FAC) and Military Family Community Network (MFCN)

Member and Family Services 24 Hour Emergency Assistance: 1-877-598-0666.

NHNG Family Program

Family Assistance Center Specialist 350 Meadow Street, Littleton NH 03561 Office 1-877-598-0666

If you are recently returning from military service, Family Assistance Centers and the Military Family and Community Network are information and referral "one stop shopping" organizations that can assist families in becoming connected to resources and services of assistance.

Care Coordination Program – NH: Recognizing the significant mental health, physical, financial and educational needs of returning Service Members from the Global War on Terror, as a partnership with the NH National Guard, ProForce, and community resources to ensure a safety net for the population and encouraged continued service in the military. Whether our Soldiers, Airmen, Marines, Sailors or Coast Guard personnel live, work or drill in the Granite State, they and their families may receive services within the program. Care Coordinators look at each client individually and come up with the appropriate care plan that meets their specific needs and overall success. 1-888-989-9924 or http://www.ccpnh.com.

Pro Force Care Coordination Program: Helps to enhance the retention, readiness and reintegration of service members and their families. 888-989-9924 http://www.ccpnh.com

Survivor Outreach Services

Survivor Outreach Services for Families, contracted by the National Guard to work with military family member survivors. Their Mission is to embrace and reassure Military Survivors that they have a continuum of care from the Military. They work with all branches of service from all conflicts, regardless of the manner of death. They connect individuals and direct family members to additional Survivor resources as needed. Benefits and entitlements may vary with the cause of death, military status at time of death and relationship to the service member, but the eligibility for help doesn't change. There is no time restriction on assistance.

Elizabeth Santos	Tammie L Conner
Survivor Outreach Services Support Coordinator	Survivor Outreach Services Support Coordinator789
1 Minuteman Way Concord NH 03301	National Guard Road, Bldg. 1014 Colchester, VT 05446
(O) 603-227-5130 (C) 603-219-8159	(O) 802-338-3398 (C) 802-881-6632
Elizabeth.g.santos.ctr@mail.mil	tammie.l.conner.ctr@mail.mil
Dottie Pinkham	Michelle L. Ouellette
Dottie Pinkham Survivor Outreach Services Support Coordinator	Michelle L. Ouellette Survivor Outreach Services Support Coordinator
Survivor Outreach Services Support Coordinator	Survivor Outreach Services Support Coordinator

Veteran Counseling and Support Groups

Crisis Prevention Hotline: We want you to have the support you need when you need it. The National Veteran Crisis Prevention Hotline is available 24 hours a day. The number is 1-800-273-TALK or 1-800-273-8255.

Primary Mental Health Clinic (PMHC): To get started receiving mental health services at the VA Medical Center in White River Junction, come to the Primary Mental Health Clinic (PMHC) located in Building 39 nearby the Primary Care Green Mountain Firm. The PMHC is open on a walk-in basis between the hours of 8:00 am and 4:00 pm Monday through Friday. Therapists and psychiatric prescribers both staff the PMHC. You can expect to meet with both clinicians during an initial assessment. You may be offered options for care, education about services available, or referrals to VA mental health clinicians, at this time.

Vet Centers are community-based counseling centers that provide a wide range of social and psychological services, including professional readjustment counseling to eligible Veterans, active duty service members, including National Guard and Reserve components, and their families. Readjustment counseling is offered to make a successful transition from military to civilian life or after a traumatic event experienced in the military. Individual, group, marriage and family counseling is offered in addition to referral and connection to other VA or community benefits and services. Vet Center counselors and staff, many of whom are Veterans themselves, are experienced and prepared to discuss the tragedies of war, loss, grief and transition after trauma. Please note that most Vet Centers also have Community Access Points (CAPS), outstations, and non-traditional hours. There are also Mobile Vet Centers (MVCs). These tools aid in the accessibility of our services. You can contact your nearest Vet Center for more information regarding eligibility and services. Other ways of connecting with the Vet Center include the Vet Center Call Center 1-877-WAR-VETS and www.vetcenter.va.gov.

VA Health Care Eligibility and Enrollment for Veterans

Eligibility for VA health care is dependent upon a number of variables, which may influence the final determination of the services for which you qualify. These factors include the nature of a veteran's discharge from military service (e.g., honorable, other than honorable, dishonorable), length of service, VA adjudicated disabilities (commonly referred to as service-connected disabilities), income level, and available VA resources among others. Reservists and National Guardsmen must have served active duty by a federal activation, and for reasons other than for training purposes. The character of discharge you received from the military can be a factor. It is not an issue if you received:

An honorable discharge A general discharge, or A d	A discharge under honorable conditions
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If you have a different character of discharge, you may still be eligible for care. Contact your Enrollment Coordinator at your local VA health care facility to see if you qualify. The length of your service may also matter. It depends on when you served. There's no length of service requirement for:

Former enlisted persons who started active duty	Former officers who first entered active duty before
before September 8, 1980, or	October 17, 1981

All other veterans must have 24 months of continuous active duty military service for reasons other than for training, or meet one of the exceptions described below.

You do not have to meet the 24 continuous months of active duty service requirement if you:

Were a reservist who was called to Active Duty by federal executive order, and who completed the term for which you were called, and who was granted an other than dishonorable discharge, or	Were a National Guard member who was called to Active Duty by federal executive order, completed the term for which you were called, and who was granted an other than dishonorable discharge, or	
only requesting a benefit in connection to: a service-connected condition or disability; treatment and/or counseling of sexual trauma that occurred while on active duty; or treatment of conditions related to ionizing radiation; head or neck cancer related to nose or throat radium treatment while in the military.	Were discharged for a reason other than disability, but you had a medical condition at the time that was disabling, and in the opinion of a doctor, would have justified a discharge for disability (in this last case, the disability must be documented in service records).	
Were discharged or released from active duty for a hardship*, or discharged with an "early out" *	Have been determined by VA to have compensable service-connected conditions; or Were discharged or released from active duty for a disability that began in the service or got worse because of the service*	
* must be documented on DD214		

Veteran's Health Administration Enrollment

To apply for health care benefits through the VA or to request assistance from many Veteran Service Organizations, your DD-214 will be required. It is also possible that you may find your DD-214 at the State Office of Veterans' Affairs in which you were living upon Discharge from service.

All Veterans are encouraged to enroll in the VA Health Care System. To begin the process, please complete an:

Application for Health Care Benefits. You can submit the form online, or you may print the form and mail it to Eligibility: VA Medical Center Business Office – Eligibility VA Medical Center 215 North Main Street White River Junction, VT 05009. You can also bring the form to the Medical Center or any of the White River Junction VA outreach clinics. The Eligibility Office in White River Junction is located on the ground floor of the Ambulatory Care building. Whether mailing or bringing your application, please include the following items —a copy of both sides of your current Insurance card (including Medicare or Medicaid); a copy of your DD-214, 'Armed Forces Report of Transfer or Discharge' (Purple Heart recipients only); and a copy of your award Letter, if 'Purple Heart' is not noted on your DD-214. To speak to someone in our eligibility office, please call 802-295-9363 ext. 5118/6281

VA Medical Center-Eligibility Office-Bldg. 39 215 N. Main St. White River Junction, VT 05009 802-295-9363

Veteran Resource Websites

<u>www.aarp.org/family</u> - eldercare locator, senior resources.	<u>www.agis.com</u> - eldercare resource, navigates Medicare and Medicaid basic.
<u>www.archives.gov</u> – The National Archives, veteran's documentation.	<u>www.dedicatedpatriots.com</u> - Liberty House shelter, Manchester NH.
www.iod.unh.edu- assists the disable in NH.	www.defendamerica.mil – news about frontline troops.
www.dmdc.osd.mil/rsl/owa/home-search engine for locating US military bases.	www.dhhs.state.nh.us/DHHS/BEAS- support programs for NH residents.
www.nhredcross.org - offering aid to military families	www.gsil.org – assisting adults with disabilities.
www.goodnewsgarage.org - donated and refurbished vehicles for low income clients.	http://www.hud.gov/local/nh/homeless- assist with security deposit loans, emergency assistance and transitional housing.
www.dav.org-national volunteer transportation network	www.military.com- service member specific, military history and customs.
<u>www.milspouse.org</u> -employment, education, relocation for military spouses.	<u>www.militaryonesource.com</u> –information and referral service. Free select counseling sessions.
<u>www.nheasterseals.com</u> – Veterans Count program. Support for military families.	http://nhes.state.nh.us —provides a broad range of assistance and self—directed employment and career related services.
<u>www.eldercarelink.com-</u> nationwide network of select eldercare providers.	www.nh.gov/veterans – New Hampshire State Veterans Home, Tilton NH.
www.suicidepreventionlifeline.org –services provided by mental health professionals.	<u>www.usacares.org</u> – A national site covering the needs of military families.
www.manchester.va.gov – Veterans Admin Medical Clinic, Manchester, NH.	<u>www.whiteriver.va.gov</u> – Veterans Administration Medical Facility, Vermont.
<u>www.nationalresourcedirectory.gov</u> -resource for everything military.	<u>www.wvachapter41.org</u> -A website dedicated to women veterans.
www.nhlegion.org- NH American Legion website.	www.nh.ngb.army.mil – NH National Guard website.
<u>www.socialsecurity.gov</u> -Social Security Administration.	www.vfw.org - A national site dedicated to Veterans of Foreign Wars.
<u>www.va.gov</u> – Federal Government military website.	www.vnavnh.org -Visiting Nurse Association of NH & VT.
www.nami.org – National Alliance on Mental Illness.	www.vetcenter.va.gov –Vet Center resources.
www.nhcarepath.org—Information for services and supports for veteran who have served or currently serving and their families.	www.servicelink.nh.gov/links/military -Links for Military-Veteran Population and Their Families

Vermontjoblink.com In Vermont whether you're looking for that perfect job, that perfect employee or information on an industry or workforce,

Vermont JobLink is for you.

Find your job in the Federal government at: USAjobs.gov

References

www.va.gov	www.vermont211.org	www.211nh.org	www.servicelink.nh.gov
www.gsil.org	www.vcil.org	www.nevaaa.org	www.humanservices.vermont.gov

Health Care for Homeless Veteran (HCHV) participant handbook

The Veterans Resource Guide is revised once a year. If you have any revisions or edits (to the Guide), comments or questions, please contact:

CPSS Don Monahan

Cell 603-266-9868 or donald.monahan@va.gov

Website: https://nhnorthcountryvete.wixsite.com/website#adj_page1001_1_116

Facebook: https://www.facebook.com/northcountryveterans

VA Homeless Outreach Worker: Simone Cote

Coverage for Northeastern Vermont & Northern New Hampshire

Cell: 802-952-9068

Simone.Cote@va.gov

VET CENTER Social Worker: Lisa Conner

Gorham, NH 802-281-8449

