



Recommended Professional Development: Military Cultural Competency & Suicide Prevention Training

New Hampshire Division of Community Based Military Programs, Department of Military Affairs & Veterans Services
Supported by the New Hampshire Suicide Prevention Council—Military & Veterans Committee

SMVF = Service Members, Veterans and their Families

Priority Recommendations								
Training Area	For those who work with:	Training	Mode/Access	Staff to be trained	% of Staff Trained	Frequency of Training	Notes	Competencies/Outcomes
A. Military Cultural Competency (MCC) <i>Introductory</i>	SMVF Employees Children & Families SMVF in clinical or healthcare settings	Ask the Question: Ask, Link Collaborate Multiple training, orientation and consultation options that can be customized and tailored to organization and staff needs.	Trainings, orientations or consultations can be held virtually or in-person. Length is tailored to need. Contact: Amy Cook Division of Community Based Military Programs Amy.M.Cook@dmavs.nh.gov (603) 227-1403	NH Department of Military Affairs & Veterans Services recommends all social service, healthcare organizations and educational institutions learn about the benefits of identifying clients/patients/students/families that have served in the military.	To be determined by individual agencies. Consider: Leadership & administration, gatekeepers to services, those responsible for intake and data collection procedures	To be determined by individual agencies. Consider: Initially to develop effective procedures, then an annual review to evaluate effectiveness of procedures.	Course Description: This training educates organizations about the importance of identifying SMVF, how to do that effectively and the benefits that can be realized by doing so. It is designed for a team that will be responsible for developing and implementing policy & procedural changes related to identifying SMVF, linking them to appropriate resources and collaborating with the network of resources available to the SMVF population. Total Time: customized Cost: Free	Competencies: 1. To recognize the importance and benefits of identifying SMVF in a specific organization. 2. To identify spaces within organizational policies & procedures where asking, linking and collaborating can make a positive impact. Outcomes: Documentation of completed staff trainings. An Increase in identification of military personnel, Veterans, and their families.
B. Military Cultural Competency (MCC) <i>Introductory</i>	SMVF Employees Children & Families SMVF in clinical or healthcare settings	Star Behavioral Health Provider Training (SBHP) Tier 1 of three tiers Tier One provides an introduction to military culture and information about the deployment cycle. Recommended for all.	SBHP trainings are typically held in-person; however, they have switched to all virtual instruction until further notice. View dates and register for trainings at: https://starproviders.org/providers-home/	NH Department of Military Affairs & Veterans Services recommends that all staff, including leadership and administration, have one introductory MCC training. SBHP Tier 1 training would meet this recommendation.	100%	At Hire/Annual Updates	Course Description: Star Behavioral Health Providers (SBHP) is a training, dissemination and referral system aimed at expanding access to trained behavioral health providers for SMVF. The SBHP initiative works with course content created by the Center for Deployment Psychology (CDP). It is a three-tiered training program, with each training tier building upon knowledge from the previous tier. Tier One is taught by SBHP trained staff from NH. Tier Two and Tier Three will be taught by special teams from CDP. Total Time: 6 hours per Tier Cost: Free Free APA CEs available for each tier.	Competencies: Tier One provides an introduction to military culture and information about the deployment cycle. Open to all service providers and community members. For more clinical training refer to Tiers 2 & 3. Outcomes: Documentation of completed staff trainings. An Increase in identification of military personnel, veterans, and their families.
C. Military Cultural Competency (MCC) <i>Introductory</i>	SMVF Employees	Veterans at Work Certificate Program (10 PDCs) Offered by Society for Human Resource Management Foundation (SHRM) and PsychArmor	SHRM Foundation offers this Certificate virtually through online surveys, readings and courses at PsychArmor. Register at: https://www.shrm.org/foundation/about/Pages/Veterans-at-Work-Certificate-Program.aspx	NH Department of Military Affairs & Veterans Services recommends that all Human Resources Staff participate in this introductory level training. It is recommended that Human Resources staff also supplement this training series with the additional MCC trainings listed in line D.	100% of Human Resources staff	At hire	Course Description: The SHRM Foundation Veterans at Work Certificate, developed for HR professionals, hiring managers, and front-line supervisors, is a multi-faceted program from the SHRM Foundation brought to you with support from Comcast NBC Universal. The Certificate is completely free and open to all. You do not need to be a SHRM member, or hold a SHRM credential. Training requires completion of 5 tasks (2 surveys, 2 learning segments & short quiz). Must complete all tasks satisfactorily to earn certificate and recertification credits if you already hold a SHRM-CP or SHRM-SCP. Total time: 10 hours Cost: Free Earn 10 professional development credits toward your SHRM-CP or SHRM-SCP recertification.	Competencies: 1. Learn the value that skilled Veterans bring to the civilian workplace. 2. Demonstrate commitment to attract, hire and retain these talented professionals Outcomes: Documentation of completed staff trainings. Increased level of confidence in hiring SMVF. Enhanced employment policies and procedures geared towards successful hiring and retention of SMVF employees.



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D. Military Cultural Competency (MCC) <i>In-Depth</i> <i>(Clinical focus)</i>	Children & Families	SMVF in clinical or healthcare settings	Star Behavioral Health Provider Training Tiers 2 & 3 of three tiers	SBHP trainings are typically held in-person; however, they have switched to all virtual instruction until further notice. View dates and register for trainings at: https://starproviders.org/providers-home/ For a more general training refer to SBHP Tier 1.	NH Department of Military Affairs & Veterans Services recommends that all clinical service providers working directly with SMVF participate in the SBHP Tiers 2 & 3 trainings.	To be determined by individual agencies. Consider: Clinical service providers working directly with SMVF	To be determined by individual agencies.	Course Description: Star Behavioral Health Providers (SBHP) is a training, dissemination and referral system aimed at expanding access to trained behavioral health providers for service members, veterans and their families. The SBHP initiative works with course content created by the Center for Deployment Psychology (CDP). It is a three-tiered training program, with each training tier building upon knowledge from the previous tier. Tier One is taught by SBHP trained staff from NH. Tier Two and Tier Three will be taught by special teams from CDP. <i>Tier 1 is a prerequisite for Tier 2.</i> <i>Tiers 1 & 2 are prerequisites for Tier 3.</i> Total Time: 6 hours per tier Cost: Free Free APA CEs available for each tier.	Competencies: Tier Two provides education about specific challenges and difficulties that are often associated with military service. Tier Three provides clinical skills that focus on evidence-based treatments to address some of the behavioral health issues facing service members, veterans and families. Outcomes: Documentation of completed staff trainings.	
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E. Suicide Prevention <i>Introductory & In-Depth</i>	SMVF Employees	Children & Families	SMVF in clinical or healthcare settings	LivingWorks Applied Suicide Intervention Skills Training (ASIST) Evidence-based, 2-day face-to-face workshop (15 hours)	LivingWorks ASIST is presented in-person only. Find training dates available locally: https://legacy.livingworks.net/training-and-trainers/find-a-training-workshop/ For those who need an online version, refer to LivingWorks Start. The NH National Guard offers the training on a regular basis at NHNG facilities (no charge to participants). Organizations can also schedule their own trainings--\$39.95 per participant. Contact: Dale Garrow, dale_e_garrow_ctr@army.mil	NH Department of Military Affairs & Veterans Services recommends all professionals across sectors learn how to recognize signs of suicide risk in others and know how to address the risk.	100%	At Hire, then refresh every 3-4 years	Course Description: LivingWorks ASIST is a two-day face-to-face workshop featuring powerful audiovisuals, discussions, and simulations. At a LivingWorks ASIST workshop, participants learn how to prevent suicide by recognizing signs, providing a skilled intervention, and developing a safety plan to keep someone alive. Two knowledgeable, supportive trainers will guide participants through the course, ensuring comfort and safety. Total Time: 15 hours Cost: Free if participant attends training hosted by NH National Guard. \$39.95 per participant if organization schedules their own training.	Competencies: 1. To recognize the signs of suicide risk in others. 2. To demonstrate how to provide a skilled intervention. 3. To demonstrate how to develop a safety plan to keep someone alive. Outcomes: Documentation of completed staff trainings. An increase in staff comfort level addressing conversations about suicide risk. An increase in hope and reduction in suicidality.
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F. Military Cultural Competency (MCC) <i>Introductory</i>	SMVF Employees	Children & Families	SMVF in clinical or healthcare settings	Center for Deployment Psychology and Veterans Affairs - 2 hour MCC overview training (in 8 modules).	Online https://deploymentpsych.org/Military-Culture-Enhancing-Competence-Course-Description	NH Department of Military Affairs & Veterans Services recommends that all staff, including leadership and administration, have one introductory MCC training. This course meets that recommendation.	100%	At Hire/Annual Updates Course Description: This interactive online training course provides an overview of military culture to include organizational structure, rank, branches of service, core values, and demographics as well as similarities and differences between the Active and Reserve components. It is intended to assist civilian providers in better understanding, communicating and effectively interacting with Service members and their families. Total Time: 2 hours Cost: Free course (APA CE credits available for \$15.00)	Competencies: 1. To explain the military rank structure and organization and distinguish the primary mission and core values of each branch of service. 2. To describe differences and similarities between Active and Reserve components. 3. To discuss demographic characteristics of Service members. 4. To recognize general and deployment-related military terms. Outcome: Documentation of completed staff trainings. An Increase in identification of military personnel, veterans, and their families.
G. Military Cultural Competency (MCC) <i>In-Depth, Topic Specific</i>	SMVF Employees	Children & Families	SMVF in clinical or healthcare settings	Psych Armor MCC trainings with more in-depth information on specific topics for healthcare providers and others including: caregivers, employers, nonprofits, community organizers etc.	Online Webinars and Online Courses Center for Deployment Psyc https://deploymentpsych.org/online-training-courses	NH Department of Military Affairs & Veterans Services recommends that direct services staff working with military, veterans, and their families including (but not limited to) medical program staff, emergency services staff, peer staff, case managers, and clinicians complete more in-depth training in MCC.	To be determined by individual agencies.	To be determined by individual agencies. Course Description: Free, requires online user registration for access. CE credits available for some PsychArmor trainings (cost associated). Refer to website for more information. Psych Armor has an extensive training library including in- depth trainings for healthcare providers, caregivers and families, employers, volunteers, and educators. Total time: Varies Cost: Free with no CE credits. CE credits may have a cost.	Competencies: 1. To take a look inside to the lifestyle of service members and their families. 2. To learn about the historic culture and ingrained values of the U.S. Armed Forces. 3. To gain exposure to the latest research and trends on veteran specific issues. 4. To learn from nationally-recognized subject matter experts. Outcomes: Documentation of completed staff trainings. An Increase in identification of military personnel, veterans, and their families.



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H. Military Cultural Competency (MCC) <i>In-Depth</i>	SMVF in clinical or healthcare settings	Center for Deployment Psychology and Veterans Affairs - 8 hour (4 module) training. Module 1: Self- Assessment and Introduction to Military Ethos; Module 2: Military Organization and Roles; Module 3: Stressors and Resources; Module 4: Treatment Resources and Tools.	Online http://deploymentpsych.org/military-culture-course-modules	NH Department of Military Affairs & Veterans Services recommends that direct services staff working with military, veterans, and their families including (but not limited to) medical program staff, emergency services staff, peer staff, case managers, and clinicians complete more in-depth training in MCC.	To be determined by individual agencies.	To be determined by individual agencies.	Course Description: The primary audience for the curriculum is mental health professionals employed by the VA or DoD, but the curriculum is intended to benefit any health care professional who serves members of the military, Veterans, or members of their families, regardless of setting. This includes physicians (including psychiatrists'), psychologists, nurses, social workers, and counselors.	Competencies: 1. To identify factors that shape opinions about the military and military service. 2. To analyze potential prejudices and biases that you may hold related to military culture, Service members, and/or Veterans. 3. To evaluate the possible impact of military culture and military ethos on a Service member's, Veteran's, and/or Family member's sense of self, others and worldview. 4. To assess how military ethos impacts clinical presentation and interactions you have had with Service members, Veterans, and their families. 5. To describe how military ethos may contribute to stigma, help seeking, and health behaviors. Outcomes: Documentation of completed staff trainings. An Increase in identification of military personnel, veterans, and their families.



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I. Military Cultural Competency (MCC) <i>Introductory</i>	SMVF Employees	Psych Armor MCC trainings – Multiple training options divided into 10-60 min self-paced online segments: 15 Things Veterans Want You To Know* (16 min) Veteran 101 - DoD (20 min) Veteran 101 - Service Branch Overview (20 min) Veteran 101 - Military Culture (30 min) Veteran 101 - Laws and Regulations (10 min) Veteran 101 - Officer vs. Enlisted (35 min) Veteran 201 - Military Lingo & Discharges (20 min) Veteran 201 - Timeline of Wars (45 min) Veteran 201 - Profession vs. Occupation (35 min) Veteran 201 - Veterans (20 m) Veteran 201 - Military Families (60 min)	Online https://learn.psycharmor.org/collections To find the specific training, enter the name into the search bar at the top of the homepage	NH Department of Military Affairs & Veterans Services recommends that all staff, including leadership and administration, have one introductory MCC training. This series of trainings meets that recommendation.	100%	At Hire/Annual Updates	Course Description: Free, requires online user registration for access. CE credits available for some PsychArmor trainings (cost associated). Refer to website for more information. PsychArmor has a variety of entry level trainings addressing specific military-related topics. Organizations can identify topic-specific trainings for employees based on professional responsibilities. Total time: Varies Cost: Free with no CE credits. CE credits may have a cost. *Healthcare Providers should view 15 Things Veterans Want You To Know for Healthcare Providers (33 min)	Competencies: 1. To take a look inside to the lifestyle of service members and their families. 2. To learn about the historic culture and ingrained values of the U.S. Armed Forces. 3. To gain exposure to the latest research and trends on veteran specific issues. 4. To learn from nationally-recognized subject matter experts. Outcome: Documentation of completed staff trainings. An Increase in identification of military personnel, veterans, and their families.
	Children & Families							
J. Military Cultural Competency (MCC) <i>Introductory</i>	SMVF Employees		Online https://learn.psycharmor.org/collections To find the specific training, enter the name into the search bar at the top of the homepage.	As an alternative to the SHRM Foundation Veterans at Work Certificate, NH Department of Military Affairs & Veterans Services recommends these introductory level trainings. It is recommended that Human Resources staff also supplement this training series with the additional MCC trainings listed in line D.	100% of Human Resources staff	At hire	Course Description: Free, requires online user registration for access. CE credits available for some PsychArmor trainings (cost associated). Refer to website for more information. PsychArmor has a variety of entry level trainings addressing specific military-related topics. Organizations can identify topic-specific trainings for employees based on professional responsibilities. Total time: Varies Cost: Free with no CE credits. CE credits may have a cost.	Competencies: 1. Learn the value that skilled Veterans bring to the civilian workplace. 2. Demonstrate commitment to attract, hire and retain these talented professionals. Outcomes: Documentation of completed staff trainings. Increased level of confidence in hiring SMVF. Enhanced employment policies and procedures geared towards successful hiring and retention of SMVF employees.

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