



New Hampshire Veterans' Resource Directory

Created by New Hampshire Employment Security, with assistance from NH Division of Veterans Services, Department of Military Affairs and Veteran Services.

Have you or a family member ever served in the military?

Community or healthcare service providers may ask you during registration or intake if you, or a family member, have ever served in the military. If they do not, please tell them!

While providers have always treated veterans, service members and their families, it has only been recently realized how important it is that any care, diagnosis, treatment or service provided to you has considered all possible



exposures or unique circumstances experienced during military service (peacetime, wartime, foreign or domestic) so you can be provided with the best, and most informed, care and service.

You are under no obligation to report your military service, but it could open the doors to more effective services and treatment in addition to allowing service providers to better understand the veteran population in New Hampshire.

Thank you for your service!

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EMPLOYMENT AND TRAINING

US DEPARTMENT OF LABOR – VETERANS' EMPLOYMENT AND TRAINING SERVICE (VETS)

45 South Fruit Street Rm 336, Concord, NH www.veterans.gov

The Veterans' Employment and Training Service (VETS) proudly serves veterans and service members. VETS provides resources and expertise to assist and prepare them for meaningful careers, maximize their employment opportunities and protect their employment rights. VETS oversees federal grant programs that provide employment services to veterans through the Jobs for Veterans State Grant Program and Homeless Veterans' Reintegration Program. VETS also investigates alleged violations of the Uniformed Services Employment and Reemployment Rights Act (USERRA) and alleged violations of federal Veterans' Preference laws.

For further information call:

Tel: 603-225-1424 or Fax: 603-225-1545

NEW HAMPSHIRE EMPLOYMENT SECURITY (NHES)

www.nhes.nh.gov

New Hampshire Employment Security (NHES) helps people succeed throughout their lives. In addition to providing outstanding customer service, supporting workers through times of unemployment, matching job seekers with employers, and providing businesses and individuals with the information they need to adapt to a changing economy, NHES facilitates the training needed for success.

NHES VETERANS' SERVICES

All that NHES does, it does first and foremost for veterans. Veterans and eligible spouses receive access, on a priority of service basis, to the full range of public employment and training services, including job search assistance, workshops, resume assistance, labor market information, career guidance, job referral, and referral to other supportive and training resources. Veterans are given preference in each of our local offices in the referral to job orders. Staff assesses the needs of each veteran and makes it a priority to educate the veterans of New Hampshire, especially for those veterans returning from active duty, on services available through NHES. Our Disabled Veterans' Outreach Program Specialists (DVOPs) serve those veterans who need intensive services in order to obtain or retain employment that supports their self-sufficiency by providing those services and referrals as appropriate. In addition, these specialists will network with other veterans' social and supportive service agencies to get assistance for their veteran customers. Local Veterans' Employment Representative (LVER) staff conducts outreach to employers, employer associations and business groups to promote the advantages of hiring veterans and to assist veterans in gaining employment. There are veterans who need referrals to other supportive services and NHES tries to facilitate and expedite these processes as much as possible. Every NHES office has space for representatives from the State of New Hampshire Division of Veterans Services to meet with veterans, providing veterans access to their services locally and on a regular basis.

NHES OFFICE LOCATION INFORMATION

Berlin:	Littleton:
151 Pleasant Street	646 Union Street, Suite 100
Tel: 752-5500 or Fax: 752-5536	Tel: 444-2971 or Fax: 444-6245
Claremont:	Manchester:
404 Washington Street	300 Hanover Street
Tel: 543-3111 or Fax: 543-3113	Tel: 627-7841 or Fax: 627-7982
Concord:	Nashua:
45 South Fruit Street	6 Townsend West
Tel: 228-4100 or Fax: 229-4353	Tel: 882-5177 or Fax: 880-5256
Conway:	Portsmouth:
518 White Mountain Highway	2000 Lafayette Road, Route 1
Tel: 447-5924 or Fax: 447-5985	Tel: 436-3702 or Fax: 436-3754
Keene:	Salem:
149 Emerald Street, Suite Y	29 South Broadway
Tel: 352-1904 or Fax: 352-1906	Tel: 893-9185 or Fax: 893-9212
Laconia:	Somersworth:
426 Union Avenue	6 Marsh Brook Drive
Tel: 524-3960 or Fax: 524-3963	Tel: 742-3600 or Fax: 749-7515

NHES SATELLITE LOCATIONS

Colebrook Office:

118 Main Street

Telephone: 603-237-5859

Fax: 603-237-5865

Office hours: Monday, Tuesday, and Wednesday 8:00 a.m. - 12:00 p.m. and 1:00 p.m. - 4:30 p.m.

The office is closed on Thursday and Friday, but available to customers by appointment.

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(NHES SATELLITE LOCATIONS continued)

Plymouth Office:

Whole Village Family Resource Center 248 Highland Street

Plymouth, NH 03264

Telephone: 603-536-3720

Fax: 603-536-1175

NHES staff is available the second and fourth Wednesday of each

month from 9:00 a.m. to 3:00 p.m.

Please call 603-528-9318 for assistance, or to make an appointment.

Any questions, comments, or concerns, please call: 603-524-3960

NH STATE DIVISION OF VETERANS SERVICES

www.dmavs.nh.gov/veterans-services

DVS assists veterans who are residents of New Hampshire or their dependents in securing all benefits or preferences to which they may be entitled under any state or federal laws or regulations. A representative of DVS will be available at the locations listed below to provide claims/benefit assistance and information to New Hampshire veterans, their dependents or survivors. Call site to schedule appointment.

DVS LOCATIONS

BERLIN:

NH Employment Security 151 Pleasant Street 603-624-9230 x 301

LITTLETON:

NH Employment Security 646 Union Street, Suite 100 603-624-9230 x 301

CLAREMONT:

NH Employment Security 404 Washington Street 603-624-9230 x 301

MANCHESTER:

Readiness Center (Armory) 1059 Canal Street 603-624-9230 x 301

COLEBROOK:

NH Employment Security (Walk In's) 3rd Thursday of each month 9:30am-2:30pm 118 Main Street

MANCHESTER:

VA Medical Center 718 Smyth Road 603-624-9230 x 301

CONCORD:

Readiness Center (Armory) 1 Minuteman Way 603-624-9230 x 301

NASHUA:

Readiness Center (Armory) 154 Daniel Webster Highway 603-624-9230 x 301

CONWAY:

NH Employment Security 518 White Mountain Highway 603-624-9230 x 301

NORTH HAVERHILL:

Horse Meadow Senior Center (Walk In's) 1st Thursday of each Month 10am-2pm 91 Horse Meadow Rd., North Haverhill 603-624-9230 x 301

HOOKSETT:

Vet Center 1461 Hooksett Road, Suite B6 603-624-9230 x 301

PLYMOUTH:

National Guard Armory 19 Armory Road 603-624-9230 x 301

KEENE:

NH Employment Security 149 Emerald Street 603-624-9230 x 301

PORTSMOUTH:

Readiness Center (Armory) 803 McGee Drive 603-624-9230 x 301

OFFICE OF WORKFORCE OPPORTUNITY (OWO)

www.nhworks.org Tel: 603-271-7275

The OWO works to promote life-long learning by partnering with businesses, agencies, and organizations to bring the state's education, employment and training programs together into a workforce development system that will provide the means for residents of New Hampshire to gain sufficient skills, education, employment and financial independence. This system is known as NHWORKS and provides access to postsecondary technical training, employment, job search assistance, job training, retraining, adult literacy, and labor market aids.

US DEPARTMENT OF LABOR - OFFICE OF APPRENTICESHIP

Room 3503, Cleveland Building 55 Pleasant Street Concord, NH 03301 www.apprenticeship.gov

Apprenticeship is an industry-driven, high-quality career pathway where employers can develop and prepare their future workforce, and individuals can obtain paid work experience, classroom instruction, and a portable, nationally-recognized credential.

For more information:

603-225-1444 or 603-225-1446

APPRENTICESHIPS/ON-THE-JOB-TRAINING

APPRENTICESHIP TRAINING

- A skilled occupation learned through a structured, systematic program of supervised on-the-job training to learn necessary manual, mechanical, or technical skills.
- May include theoretical related instruction.
- Normally two to five years in length (normally fulltime).
- Occupation clearly identified and commonly recognized throughout an industry.

ON-THE-JOB-TRAINING

- A skilled occupation is learned under the supervision of a skilled worker in a practical, hands-on way.
- Six months to two years in length (normally fulltime).

HOW TO BEGIN

- Determine the occupations within your company that may be trained by apprenticeship or on-the-job training programs.
- Determine whether veterans, eligible dependents, National Guardsmen, or Reservists are currently employed in any of those positions. As a general rule veterans have fifteen (15) years after their date of discharge to be eligible to use their GI Bill benefits.
- Contact the Veterans State Approvals function of the Commission to determine if those programs can be approved. Schedule a visit from one of our specialists at the local office to complete the required forms, and enroll the individual(s).

COMMUNITY COLLEGE SYSTEM OF NEW HAMPSHIRE (CCSNH)

www.ccsnh.edu

CCSNH is New Hampshire's statewide system of two-year colleges, offering associate degrees, professional training, and transfer pathways to four-year degrees.

GBCC (Great Bay Community College)

320 Corporate Drive, Portsmouth NH 03801 603-427-7600; Main: 800-522-1194; Veteran Services 603-427-7600 ext 7614

LRCC (Lakes Region Community College)

379 Belmont Road, Laconia, NH 03246 Main: 603-524-3207

Veteran Services 603-366-5235

MCC (Manchester Community College)

1066 Front Street, Manchester, NH 03102 Main: 603-206-8000 Veteran Services 603-206-8105

NHTI (New Hampshire Technical Institute)

31 College Drive, Concord, NH 03301 Main: 603-230-4000

Veteran Services 603-230-4000 ext 4279

NCC (Nashua Community College)

505 Amherst Street Nashua, NH 03063 Main: 603-578-8900 Veteran Services 603-578-8915

RVCC (River Valley Community College)

1 College Place Claremont, NH 03743 Main: 603-542-7744

Veteran Services 603-542-7744 ext 5317

WMCC (White Mountains Community College)

2020 Riverside Drive, Berlin, N.H. 03570 Main: 603-752-1113 Veteran Services 603-342-3020

UNIVERSITY SYSTEM OF NEW HAMPSHIRE (USNH)

5 Chenell Drive, Concord, NH 03301 603-862-1800 | www.usnh.edu

USNH has a core commitment to students and student learning, focused on serving the higher educational needs of the people of New Hampshire. It regularly evaluates those needs, its institutional offerings, and how and where programming is delivered.

University of NH Durham www.unh.edu Veteran Services 603-862-0643	Franklin Pierce University Rindge, Concord, Manchester, Portsmouth, West Lebanon www.franklinpierce.edu 800-437-0048
University of NH Manchester www.unhm.unh.edu Veteran Services 603-641-4329	Keene State College Keene www.keene.edu Veteran Services 603-358-2276
Plymouth State University Plymouth www.plymouth.edu Veteran Services 603-535-2345	Granite State College Claremont, Concord, Rochester, Conway www.granite.edu 855-472-4255

DIVISION OF HIGHER EDUCATION - HIGHER EDUCATION COMMISSION

www.education.nh.gov/pathways-education/ higher-education-new-hampshire 603-271-4196

The NH Division of Higher Education-Higher Education Commission works with colleges, universities and career schools in all sectors (profit and nonprofit; independent and public) to protect students and promote access through financial aid. Eligible veterans can access approved programs under the GI Bill.

NH BUREAU OF CAREER DEVELOPMENT

21 South Fruit Street, Suite 20, Concord, NH 03301 www.education.nh.gov/who-we-are/division-of-learner-support/bureau-of-career-development Tel: 603-271-3867, Fax: 603-271-4079

The Bureau of Career Development promotes career and technical education as a total educational philosophy to ensure that every citizen graduates from high school ready and prepared for higher education and the world of work. It provides leadership and support for the career and technical education (CTE) system at both secondary and postsecondary levels. This system provides education in career pathways leading to further education and employment opportunities.

For further information call:

VETERANS' EDUCATIONAL ASSISTANCE PROGRAM (VEAP) – Chapter 32

www.va.gov/education/other-va-education-benefits/veap

VEAP is available if you elected to make contributions from your military pay to participate in this education benefit program. You may use these benefits for degree, certificate, correspondence, apprenticeship/on-the-job training programs, and vocational flight training programs. In certain circumstances, remedial, deficiency, and refresher training may also be available.

THE GI BILL -Chapter 30

www.va.gov/education/about-gi-bill-benefits

On June 22, 1944, President Franklin Delano Roosevelt signed into law one of the most significant pieces of legislation ever produced by the United States government: The Service members' Readjustment Act of 1944, commonly known as the GI Bill of Rights. By the time the original GI Bill ended in July 1956, 7.8 million World War II veterans had participated in an education or training program and 2.4 million veterans had home loans backed by VA. Today, the legacy of the original GI Bill lives on in the Montgomery GI Bill.

THE POST - 9/11 GI BILL - Chapter 33

www.va.gov/education

The Post 9/11 GI Bill is a new education benefit program for individuals who served on active duty on or after September 11, 2001. The benefits are payable for training pursued on or after August 1, 2009.

VOCATIONAL REHABILITATION BENEFITS FOR UNEMPLOYED VETERANS – Chapter 31

1-800-827-1000 | www.va.gov/education

If you have a service-connected disability that limits your ability to work or prevents you from working, the VA Vocational Rehabilitation and Employment (VR&E) program—also referred to as Chapter 31—can help. Find out if you're eligible and how to apply for vocational rehabilitation benefits and services, like help exploring employment options and any required training needs. In some cases, your family members may also be eligible for certain benefits.

NH DEPARTMENT OF EDUCATION VOCATIONAL REHABILITATION

The mission of New Hampshire Bureau of Vocational Rehabilitation is to assist eligible New Hampshire citizens with disabilities secure suitable employment and financial and personal independence by providing rehabilitation services.

NHVR provides services to both Individuals with Disabilities and Employers.

People with disabilities can work and take advantage of the opportunities available to the citizens of New Hampshire. Yet they face barriers that prevent them from achieving their goals. Vocational Rehabilitation assists persons with disabilities to achieve their employment goals.

Vocational Rehabilitation is a joint State/Federal program that seeks to empower people to make informed choices, build viable careers, and live more independently in the community.

VOCATIONAL REHABILITATION LOCATIONS

Berlin Regional Office 650 Main Street Berlin, NH 03570 603-752-2271(V/TTY) 1-888-300-9550	Entrance and physical address is: The Center at Colony Mill, Gilbo Avenue
Concord Regional Office 21 S. Fruit St., Suite 20 Concord, NH 03301 603-271-2327	Manchester/Nashua Regional Office One Sundial Avenue, Suite 201N Manchester, NH 03103 603-669-8733 1-800-627-9304
Keene Regional Office Mailing address: 149 Emerald St., Suite T Keene, NH 03431 603-357-0266 (V/TTY) 1-800-620-7688	Portsmouth Regional Office 215 Commerce Way, Suite 3 Portsmouth, NH 03801 603-436-8884(V/TTY) 2 1-800-882-2744

SURVIVORS' AND DEPENDENTS' EDUCATIONAL ASSISTANCE PROGRAM (DEA) – Chapter 35

1-800-827-1000 www.va.gov/family-member-benefits

Learn about the Survivors' and Dependents' Educational Assistance (DEA) program. If you're the child or spouse of a Veteran or service member who has died, is captured or missing, or has disabilities, you may be able to get help paying for school or job training through the DEA program—also called Chapter 35. Find out if you're eligible for this benefit.

YELLOW RIBBON PROGRAM

www.va.gov/education

The Yellow Ribbon Program can help you pay for higher out-of-state, private school, or graduate school tuition that the Post-9/11 GI Bill doesn't cover. Find out if your school takes part in this program.

VOW to Hire Heroes Act 2011

www.benefits.va.gov/VOW

The Veterans Opportunity to Work (VOW) to Hire Heroes Act of 2011 provides seamless transition for Service members, expands education and training opportunities for Veterans, and provides tax credits for employers who hire Veterans with service connected disabilities.

HIRE-A-VET

BENEFITS TO EMPLOYERS

- Veterans who have worked in technically oriented military occupations are better prepared for civilian technical training.
- Veterans have demonstrated the aptitude to be trained in a structured environment.
- Veterans have developed a work ethic that enables them to report for work on time and in the proper frame of mind.
- Veterans tend to be more mature, self-confident, and drug-free employees.
- Veterans who receive G.I. Bill assistance will work toward a training objective and make satisfactory progress to receive continued benefits.
- Veterans possess higher education and training achievements.
- Veterans receive the same prevailing wage as other employees in the same position. Scheduled pay increases develop employee loyalty.
- Veterans possess work traits, such as adapting to physical demands, following safety guidelines, working under pressure, and setting priorities.

VETERANS WHO RECEIVE G. I. BILL ASSISTANCE WILL WORK TOWARD A TRAINING OBJECTIVE AND MAKE SATISFACTORY PROGRESS TO RECEIVE CONTINUED BENEFITS.

- Veterans possess higher education and training achievements.
- Veterans receive the same prevailing wage as other employees in the same position. Scheduled pay increases develop employee loyalty.
- Veterans possess work traits, such as adapting to physical demands, following safety guidelines, working under pressure, and setting priorities.

NATIONAL CALL TO SERVICE PROGRAM

www.va.gov/education/other-va-education-benefits/ national-call-to-service-program 1-800-827-1000

If you performed a period of national service, you may qualify for the National Call to Service program, which allows you to choose an education benefit as an alternative to the Montgomery GI Bill (MGIB). Find out if you qualify.

THE UNIFORMED SERVICES EMPLOYMENT AND REEMPLOYMENT RIGHTS ACT OF 1994 (USERRA)

www.dol.gov/vets/programs/userra

USERRA protects civilian job rights and benefits for veterans and members of Reserve components. USERRA establishes the cumulative length of time that an individual may be absent from work for military duty and retain reemployment rights to five years, with accommodation for longer absences in cases of national emergencies. USERRA provides protection for disabled veterans, requiring employers to make reasonable efforts to accommodate the disability. USERRA provides that returning service-members are reemployed in the job that they would have attained had they not been absent for military service (the long-standing "escalator" principle), with the same seniority, status and pay, as well as other rights and benefits determined by seniority. USERRA also requires that reasonable efforts (such as training or retraining) be made to enable returning service members to refresh or upgrade their skills to help them qualify for reemployment.

VETERAN ENTREPRENEURSHIP, SELF EMPLOYMENT AND SMALL BUSINESS DEVELOPMENT

www.va.gov/osdbu/entrepreneur

The Department of Veteran Affairs' Veteran Benefits Administration Vocational Rehabilitation and Employment Service (VR&E) in partnership with the Small Business Administration (SBA) and the Association of Small Business Development Centers (SBDC) co-jointly provide entrepreneurial assistance to qualified, service-connected disabled veterans participating in a VR&E program. The joint mission is to support a qualified veteran who is exploring business ownership, expanding a business or moving into the Federal marketplace.

U.S. SMALL BUSINESS ADMINISTRATION (SBA)

55 Pleasant Street Room 3101, Concord, NH 03301 www.sba.gov/offices/district/nh/concord Tel: 603-225-1400 Fax: 603-255-1409

The US SBA was created in 1953 as an independent agency of the federal government to aid, counsel, assist and protect the interests of small business concerns; to preserve free competitive enterprise; and to maintain and strengthen the overall economy of our nation. Small business is critical to our economic recovery and strength, to building America's future, and to helping the United States compete in today's global marketplace.

MEMBERS AND THEIR FAMILIES

SERVICE MEMBERS' GROUP LIFE INSURANCE (SGLI)

www.benefits.va.gov/insurance/sgli.asp

SGLI is a program of low cost group life insurance for Service members on active duty, ready reservists, members of the National Guard, members of the Commissioned Corps of the National Oceanic and Atmospheric Administration and the Public Health Service, cadets and midshipmen of the four service academies, and members of the Reserve Officer Training Corps.

VETERANS' GROUP LIFE INSURANCE (VGLI)

www.benefits.va.gov/insurance/vgli.asp

VGLI is a program of post-separation insurance which allows service members to convert their SGLI coverage to renewable term insurance. Members with full-time SGLI coverage are eligible for VGLI upon release from service.

SERVICE DISABLED VETERANS INSURANCE (SDVI) (1951 TO PRESENT)

www.va.gov/life-insurance/options-eligibility/s-dvi

SDVI was established in 1951. To be eligible, a veteran must meet all of the following conditions:

- Must have been released from active duty under other than dishonorable conditions on or after April 25, 1951
- Must have received a rating for a service-connected disability
- Must be in good health except for any service-connected conditions.

Application must be made within two years of being granted a service-connection disability.

VETERANS' MORTGAGE LIFE INSURANCE (VMLI) (1971 TO PRESENT)

www.benefits.va.gov/insurance/vmli.asp?expandable=0

VMLI provides mortgage life insurance to severely disabled veterans. The purpose of such grants is to help the veteran build or modify a home to accommodate his or her disabilities.

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VA MEDICAL CENTERS

The Veterans' Administration provides a Medical Benefits Package, a standard enhanced health benefits plan available to all enrolled veterans. This plan emphasizes preventive measures paired with primary care that offers a full range of outpatient and inpatient services within the VA health care system. The VA maintains an annual enrollment system to manage the provision of quality hospital and outpatient medical care and treatment to all enrolled veterans. A priority system ensures that veterans with service-connected disabilities and those below the low-income threshold can be enrolled in the VA's health care system.

MANCHESTER VA MEDICAL CENTER

www.manchester.va.gov 718 Smyth Road, Manchester, NH 03104 Tel: 603-624-4366 or 800-892-8384

Homeless Veterans Coordinator	603-624-4366 x3622
Agent Orange/Gulf War/GWOT Registry	603-624-4366 x2565
Mental Health Scheduling	603-624-4366 x3199
Compensation and Pension Exam Scheduling	603-624-4366 x6680
Primary Care Scheduling	603-624-4366 x3199
Billing	603-324-4366 x6910

WHITE RIVER JUNCTION VA MEDICAL CENTER

www.whiteriver.va.gov 215 North Main Street, White River Junction, VT 05009 Tel: 802-295-9363 or 866-687-8387

Homeless Veterans Coordinator	802-295-9363 x6936
Agent Orange/Gulf War/GWOT Registry	802-295-9363
Mental Health Scheduling	802-295-9363 x5760
Compensation & Pension Exam Scheduling $\ \ .$	802-295-9363
Primary Care Scheduling	802-295-9363 x6222
Billing	802-295-9363 x5690

EXTENDED CARE

The VA provides institutional long term care to eligible veterans through VA Nursing Homes, Community Nursing Homes, State Veterans Homes, and Domiciliaries. Veterans with chronic stable conditions including dementia, those requiring rehabilitation or short term specialized services such as respite or intravenous therapy, or those who need comfort and care at the end of life are served in the Community Living Centers.

Conway CBOC - Conway VA Clinic

71 Hobbs Street
Third Floor
Conway, NH 03818-8109
Phone: 800-892-8384 Ext.3199

Portsmouth CBOC - Portsmouth VA Clinic

302 Newmarket Street Pease Air National Guard Base Portsmouth, NH 03803-0157 Phone: 603-624-4366 Ext.3199

Somersworth CBOC - Somersworth VA Clinic

5 Terrascape Parkway Somersworth, NH 03878 Phone: 603-624-4366 Ext.3199

Tilton CBOC - Tilton VA Clinic

630 West Main Street, Suite 400 Tilton, NH 03276-5047 Phone: 603-624-4366 Ext.3199

New Hampshire Veterans' Home

139 Winter Street, Tilton, NH 03276 www.nh.gov/veterans 603-527-4400

For more than a century, the Veterans' Home has been a home and health resource for the Granite State's armed forces veterans. Established initially in 1890 as the Soldier's Home for Civil War Veterans, it has provided care and comfort for thousands who have

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served their country and fellow citizens. This facility provides an environment for those who have made personal sacrifices in the military and are now unable to care for themselves. Applications can be downloaded by going to www.nh.gov/veterans/Admissions.htm

HOME CARE

www.va.gov/geriatrics

The VA's nursing home programs include Community Living Centers, contract community nursing homes and state homes. More than 90 percent of VA's medical centers provide home- and community-based outpatient long-term care programs. A patient-focused approach supports the wishes of most patients to live at home in their own communities for as long as possible. Many veterans will receive inpatient long-term care through programs of VA or state homes.

OUTPATIENT DENTAL TREATMENT

www.va.gov/dental

Outpatient dental benefits are provided by the Department of Veterans Affairs according to law. In some instances, the VA may provide extensive dental care, while in other cases treatment may be limited.

THERAPEUTIC AND SUPPORTED EMPLOYMENT SERVICE PROGRAM (TSESP)

www.manchester.va.gov/services/Therapeutic_and_Supported_ Employment.asp 603-624-4366 ext. 6210

The mission of the Therapeutic and Supported Employment Service Program is to assist Veterans to overcome barriers to employment. Vocational assistance is provided to any veteran who requires guidance in developing job search techniques, resume development or any issue related to employment. A Vocational Rehabilitation Specialist will determine which of the available programs is best suited for the Veteran. Veterans interested in assistance from TSES programs should request a consult to TSES from their VA Mental Health Provider.

POST TRAUMATIC STRESS DISORDER (PTSD)

www.ptsd.va.gov

PTSD is an anxiety disorder that can occur after you have been through a traumatic event. During this type of event, you think that your life or others' lives are in danger. You may feel afraid or feel that you have no control over what is happening. These events may include:

- Combat or military exposure
- Child sexual or physical abuse
- Terrorist attacks
- Sexual or physical assault
- Serious accidents, such as a car wreck.
- Natural disasters, such as a fire, tornado, hurricane, flood, or earthquake.

After the event, you may feel scared, confused, or angry. If these feelings don't go away or they get worse, you may have PTSD. These symptoms may disrupt your life, making it hard to continue with your daily activities.

 PTSD Info
 802-296-6300

 Urgent Help
 1-800-273-8255

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HOUSING

INDEPENDENT LIVING PROGRAM (ILP)

www.benefits.va.gov/vocrehab/independent_living.asp

ILP assists eligible veterans to live independently, to the maximum extent possible, and participate in family and community life, increasing their potential to return to work. Veteran's whose service-connected disabilities are so severe they are currently unable to pursue an employment goal may qualify for ILP.

VA GUARANTEED HOME LOAN

www.benefits.va.gov/homeloans

Veterans' Administration guaranteed loans are made by private lenders, such as banks, savings & loans, or mortgage companies to eligible veterans for the purchase of a home which must be for their own personal occupancy. The guaranty means the lender is protected against loss if you or a later owner fail to repay the loan. The guaranty replaces the protection the lender normally receives by requiring a down payment allowing you to obtain favorable financing terms.

SPECIALLY ADAPTED HOUSING (SAH) PROGRAM

www.benefits.va.gov/homeloans/sah.asp

Veterans or service members who have specific service-connected disabilities may be entitled to a grant from the Department of Veterans Affairs for the purpose of constructing an adapted home or modifying an existing home to meet their adaptive needs. The goal of the SAH Grant Program is to provide a barrier-free living environment that affords the veterans or service members a level of independent living he or she may not normally enjoy.

VA'S HOUSING AND URBAN DEVELOPMENT

HUD-VASH is a collaborative program between HUD and VA combines HUD housing vouchers with VA supportive services to help Veterans who are homeless, and their families find and sustain permanent housing. Through public housing authorities, HUD provides rental assistance vouchers for privately owned housing to Veterans who are

eligible for VA health care services and are experiencing homelessness. VA case managers may connect these Veterans with support services such as health care, mental health treatment and substance use counseling to help them in their recovery process and with their ability to maintain housing in the community. Among VA homeless continuum of care programs, HUD-VASH enrolls the largest number and largest percentage of Veterans who have experienced long-term or repeated homelessness. At the end of FY 2018, there were 85,509 Veterans with active HUD-VASH vouchers and 78,234 Veterans in housing with a HUD-VASH voucher.

For eligibility criteria, refer to:

www.va.gov/homeless/hud-vash_eligibility.asp

To apply for HUD-VASH, please contact your local VA Homeless Program. Veterans can contact the HUD-VASH program directly or obtain a referral from a case manager in another VA program, from a community program, or other referral sources.

National Call Center for Homeless Veterans at 1-877-4AID-VET.

HOUSING AUTHORITY

www.nhhfa.org

The Housing Authority advocates, develops, operates and manages affordable housing programs to provide decent, safe and affordable housing for families in a manner that promotes and improves the economic independence and social well-being of its residents.

COMMUNITY SERVICES COUNCIL OF NEW HAMPSHIRE (CSCNH)

In the Lakes Region contact:
Lakes Region Community Services Council
1-800-649-8817 | www.lrcsc.org

The CSCNH offers a variety of housing options for persons with developmental disabilities or traumatic brain injuries and assisting individuals in reaching their maximum independence level and reintegrating into the community. The CSCNH operates the New Hampshire Homeless Management Information System; New Hampshire Homeless Hotline (NHHH); and the Unite to Help: Merrimack County Security Deposit and Rent Assistance Programs

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HOMELESS PROGRAMS AND INITIATIVES

THE NATIONAL COALITION FOR HOMELESS VETERANS (NCHV)

www.nchv.org | 877-424-3838

NCHV aspires to end homelessness among veterans by shaping public policy, promoting collaboration, and building the capacity of service providers. It provides services to homeless veterans around the nation, acting as the resource and technical assistance center for a national network of local, state and federal community based service providers. These agencies provide emergency and supportive housing, food, health services, job training and placement assistance, legal aid and case management support for hundreds of thousands of homeless veterans each year.

EASTER SEALS' VETERANS COUNT

www.vetscount.org | 603-315-4354

A one-of-a-kind program which has a proven track record of helping service members and their families with a wide range of family, personal and financial needs.

VETERANS INC.

www.vets-inc.com | 855-483-8746

Veterans Inc.'s clinical case management approach addresses the "total veteran" incorporating job training and employment services, health and wellness, and supportive services ranging from transportation to legal advice.

HARBOR CARE

www.harborcarenh.org | 603-882-3616

Harbor Homes designs many of its housing, programs, and services to meet the needs of homeless and low-income veteran households. Known collectively as "Veterans FIRST, this unique mix of affordable housing, employment, and supportive services are evidence-based and nationally recognized best practices designed to end or prevent homelessness among veterans and their families who live in NH.

NEW HAMPSHIRE COALITION TO END HOMELESSNESS

122 Market Street, Manchester, NH 03101 Helpline: 1-866-444-4211 www.home4hope.com | nhceh@nhceh.org

VETERANS NORTHEAST OUTREACH CENTER

www.vneoc.org | 978-372-3626

The mission of the Veterans Northeast Outreach Center is to provide the highest quality of services to assist, support, and advocate for all Veterans and their families in Essex, Middlesex, Barnstable and Rockingham Counties.

VETERANS' ADMINISTRATION PROGRAMS TO END HOMELESSNESS

www.va.gov/homeless

The Veterans' Administration offers a wide array of special programs and initiatives specifically designed to help homeless veterans live as self-sufficiently and independently as possible.

These include:

- Aggressive outreach to those veterans living on streets and in shelters who otherwise would not seek assistance;
- Clinical assessment and referral to needed medical treatment for physical and psychiatric disorders, including substance abuse;
- Long-term sheltered transitional assistance, case management, and rehabilitation;
- Employment assistance and linkage with available income supports; and
- Supported permanent housing.

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2-1-1 FOR HOMELESSNESS

www.211nh.org

The Coordinated Entry Network of New Hampshire is a **STATEWIDE TEAM OF AGENCIES** working together to assist those experiencing or at risk of homelessness by connecting them with local resources and assistance.

THESE SERVICES ARE FREE and available regardless of one's race, color, national origin, religion, sex, age, familial status, disability, sexual orientation, or gender identity.

2-1-1 New Hampshire, an initiative of Granite United Way, is a FREE HEALTH & HUMAN SERVICE INFORMATION AND REFERRAL helpline that serves as the primary entry point for people experiencing a housing crisis.

WHAT SHOULD I DO IF I HAVE A HOUSING CRISIS? Call 2-1-1.

WHAT HAPPENS WHEN I CALL 2-1-1?

With your permission, 2-1-1 will take your name and information and send it to the correct Regional Access Hub, who will contact you to talk to you about your individual housing circumstance. You may also receive referrals of places you can call for assistance.

WHY CAN'T I JUST CALL A SHELTER?

There is no wrong way to ask for help. By calling 2-1-1 NH, you are ensuring that you are going to be connected to the resources that fit your individual housing needs. You will also have the ability to be connected to food pantries, utility payment assistance, or other services that may be of assistance to you.

WHAT IF I CAN'T CALL 2-1-1?

You should go to your local soup kitchen, library, police department, or community center where someone can help you make the call.

WHAT SHOULD I EXPECT IF I CALL 2-1-1?

You can expect the information and referral specialist to ask you questions that can help to assess your housing situation and will help make a referral to a Regional Access Hub for assistance that fits your situation.

LEGAL ASSISTANCE

NEW HAMPSHIRE LEGAL ASSISTANCE

www.nhla.org

(NHLA) is a non-profit law firm offering legal services in civil matters to seniors and eligible low-income persons. NHLA provides high quality legal services to vulnerable low-income people, ranging from simple legal information and advice to vigorous and thorough representation in all of New Hampshire's courts and before many of the local, state and federal agencies which play large roles in the lives of low-income people. In providing legal services to the poor, NHLA helps balance the scales of justice for all citizens.

Administration
Berlin
Claremont
Concord800-921-1115
Manchester
Nashua
Portsmouth

LEGAL ADVICE AND REFERRAL CENTER

nhlegalaid.org/welcome-new-hampshire-legal-aid 800-639-5290

New Hampshire's community of legal services has supported the Legal Advice and Referral Center. The Legal Advice & Referral Center, New Hampshire Legal Assistance, the Pro Bono Program of the New Hampshire Bar Association, the Disabilities Rights Center, the Civil Practice Clinic at Pierce Law, and the New Hampshire Public Defender provide representation, legal advice, information and support to clients with legal problems in New Hampshire.

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NEW HAMPSHIRE BAR ASSOCIATION

603-224-6942 | www.nhbar.org | NHBAinfo@nhbar.org

- Lawyer Referral Service provides attorney referrals to members of the public who have legal problems/issues (from personal injury and consumer matters to family law) and can afford to pay for legal services. 603-229-0002 or LRSReferral@nhbar.org
- Reduced-Fee Referral Program connects lower-income individuals

 able to pay something for an attorney's services with lawyers
 providing legal services at reduced rates. Applicants may apply
 on-line at the NH Bar website, phone 603-715-3290 or email
 ReducedFee@nhbar.org
- Pro Bono Referral Program links low-income people with volunteer attorneys who provide free legal services in family law, bankruptcy, consumer, housing and senior citizen matters. Most individuals must apply through the Legal Advice and Referral Center (see above).

DIRECTORY OF VETERANS SUPPORT

COMMUNITY ACTION PARTNERSHIP

Community Action Partners provide activities designed to assist low-income participants, including the elderly poor, secure and retain meaningful employment, attain an adequate education, and make better use of available income. They also act to ameliorate the causes of poverty within the community; meet urgent and immediate individual and family needs including health, nutrition, housing and employment-related assistance; and address the problems and barriers which block the achievement of self-sufficiency.

Community Action Partnership of Strafford County
642 Central Avenue, Suite 10, Dover, NH 03820
603-516-8130 | cap@straffordcap.org | www.straffordcap.org
Service area: Strafford County

Community Action Program Belknap-Merrimack Counties, Inc.

P.O Box 1016, 2 Industrial Park Drive Concord, NH 03302 603-225-3295 | www.bm-cap.org Service area: Belknap and Merrimack Counties

Southwestern Community Services, Inc. 63 Community Way, Keene, NH 03431 603-352-7512 | www.scshelps.org

Service area: Sullivan and Cheshire Counties

Southern New Hampshire Services, Inc.

40 Pine Street, Manchester, NH 03103 603-668-8010 | www.snhs.org Service area: Hillsborough and Rockingham Counties

Tri-County Community Action Program, Inc. 30 Exchange Street, Berlin, NH 03570 603-752-7001 | admin@tccap.org | www.tccap.org Service area: Coos, Grafton and Carroll Counties

NEW HAMPSHIRE STATE VETERANS CEMETERY

110 Daniel Webster Highway, Boscawen, NH 03303 P: 603-796-2026 | www.nhsvc.com | F: 603-796-6300

The NHSVC provides and maintains a dignified final-resting place to honor all veterans and eligible dependents which expresses the State's gratitude for their service to the country. The cemetery conveys peace through natural beauty and is a source of pride to veterans' families and residents of New Hampshire.

DIRECTORY OF VETERANS SERVICE ORGANIZATIONS

FOR AN ONLINE LISTING OF VSO'S VISIT

www.va.gov/vso

AMERICAN LEGION

603-222-5784 | www.legionnh.org

Congress chartered the American Legion in 1919 as a patriotic, mutual-help, wartime veterans' organization. This community service organization now numbers nearly 3 million members —men and women — in nearly 15,000 American Legion Posts worldwide. These Posts are organized into 55 Departments — one each for the 50 states, the District of Columbia, Puerto Rico, France, Mexico, and the Philippines.

THE MILITARY COALITION

www.themilitarycoalition.org

The Military Coalition is a group of 34 military, veterans and uniformed services organizations in joint pursuit of the following goals:

- Maintaining a strong national defense provided by recruiting and retaining skilled and highly capable personnel in the seven uniformed services;
- Maintaining uniformed services compensation and benefits at levels sufficient to attract and retain professional uniformed service members for careers of service to the Nation;
- Representing the interests of the entire uniformed services community, including members' families and survivors, and responding to assaults upon the compensation and benefits

- earned by members of that community through years of dedicated service; and
- Educating the public on the extraordinary demands and sacrifices associated with a career in uniformed service, and the need to maintain a similarly unique system of compensation and benefits to attract and retain the kinds and numbers of high-quality personnel needed to meet the Nation's short- and long-term defense requirements. The philosophy of The Coalition is that, by working together on issues of mutual agreement, the participating organizations can harness the grassroots support of more than 5.5 million members plus their families and accomplish far more than by working on these initiatives separately.

DISABLED AMERICAN VETERANS (DAV)

275 Chestnut Street Room 515 Norris Cotton Federal
Manchester, NH 03101

603-624-4366 x6427 - Service/Intake Transportation 603-222-5788 - Administrative

VETERANS OF FOREIGN WARS

NH Veterans of Foreign Wars

PO Box 955 Concord, NH 03302-0955 P: 603 715-5579 | F: 603-715-2405 www.vfwnh.org | nhvfwstateheadquarters@gmail.com

NH VFW SERVICE OFFICER

VARO Norris Cotton Federal Building 275Chestnut Street, Manchester, NH 03103 603-222-5780 | john.barrett1@va.gov

VIETNAM VETERANS OF AMERICA

NH Chapter 41 - Vietnam Veterans of America PO Box 4161, Concord, NH 03302 www.vvanh41.org

MILITARY ONESOURCE

800-342-9647 | www.militaryonesource.mil

 To be the ONE SOURCE that stands ready to assist as you master military life.

- To give you expert support and information that is proven and practical.
- To be there, day and night, wherever you are, when you need a trusted voice, private and confidential.
- To have answers you can depend on in pursuit of your best goals and your best MilLife.
- To be one dedicated community whose sole mission is you.

VFW - VETERANS OF FOREIGN WARS

www.vfw.org

Our Mission: To foster camaraderie among United States veterans of overseas conflicts. To serve our veterans, the military and our communities. To advocate on behalf of all veterans.

Our Vision: Ensure that veterans are respected for their service, always receive their earned entitlements, and are recognized for the sacrifices they and their loved ones have made on behalf of this great country.

VIETNAM VETERANS OF AMERICA

vva.org | 800-882-1316

VVA offers veterans claims assistance, financial advising, job placement, and advocates on their behalf through legislative initiatives

ASSOCIATION OF THE UNITED STATES ARMY

www.ausa.org

The Association of the United States Army is a nonprofit educational and professional development association serving America's Army and supporters of a strong national defense. AUSA provides a voice for the Army, supports the Soldier, and honors those who have served in order to advance the security of the nation.

THE BLINDED VETERANS' ASSOCIATION (BVA)

www.bva.org | 800-669-7079

BVA is an organization of blinded veterans helping blinded veterans. All legally blinded veterans are eligible for BVA's assistance whether they become blind during or after active duty military service.

DISABLED AMERICAN VETERANS

7 Perley Street, Concord NH 03301 www.dav.org | 603-927-4231

Disabled American Veterans (DAV) is a non-profit charity dedicated to building better lives for America's disabled veterans and their families.

EASTERSEALS OF NH - VETERANS COUNT

555 Auburn Street, Manchester, NH 031035 www.eastersealsnh.com | 603-315-4354

EasterSeals has been helping individuals with disabilities and special needs, and their families, live better lives for more than 80 years. Whether helping someone improve physical mobility, return to work or simply gain greater independence for everyday living, EasterSeals offers a variety of services to help people with disabilities address life's challenges and achieve personal goals. Recently EasterSeals began an initiative called Veterans Count. Geared directly to soldiers returning from the Mid-East, it combines the social service resources of New Hampshire Department of Health and Human Services with the expertise in disabilities issues and community networking of Easter Seals. It connects veterans and their families with federal, state and local resources, to meet their medical, social, emotional and financial needs. Services are provided locally and are free and confidential. Available for all who have served regardless of age, veteran status or VA eligibility.

SERVICELINK

www.servicelink.nh.gov/contact-us/index.htm Tel: 866-634-9412, Fax: 603-228-6623 Service Link is an aging and disability resource center

BELKNAP COUNTY

67 Water Street, Suite 105 Laconia, NH 03246 Local Line: 528-2145

Fax: 527-3790

CARROLL COUNTY

448 White Mountain Highway Tamworth, NH 03886 Local Line: 323-2043

Fax: 323-7508

COOS COUNTY

610 Sullivan Street, Suite 6 Berlin, NH 03570 Local Line: 752-6407

Fax: 603-752-1824

GRAFTON COUNTY Lebanon Office

10 Campbell Street, P.O. Box 433 Lebanon, NH 03766 Local Line: 448-1835

Fax: 448-6920

Littleton Office

Mt. Eustis Commons 262 Cottage Street, Suite G-25 Littleton, NH 03561 Local Line: 444-4498

Fax: 444-0379

MERRIMACK COUNTY

2 Industrial Park Drive Concord, NH 03302-1016 Local Line: 228-6625

Fax: 228-6623

MONADNOCK REGION

105 Castle Street Keene, NH 03431 Local Line: 357-1922 Fax: 352-8822

STRAFFORD COUNTY

25 Old Dover Road Rochester, NH 03867 Local Line: 332-7398 Fax: 335-8010

ROCKINGHAM COUNTY Portsmouth/Seacoast Area

72 Portsmouth Ave, Suite 113 Stratham, NH 03385 Local Line: 580-5427

Fax: 334-6596

Salem Area

8 Commerce Drive, Unit 802 Atkinson, NH 03811 Local Line: 893-1339

Fax: 893-1339

HILLSBOROUGH COUNTY

Manchester Office

555 Auburn Street Manchester, NH 03103

Local Line: 644-2240

Fax: 644-2361

Nashua Office

70 Temple Street Nashua, NH 03060

Local Line: 598-4709

Fax: 598-8491

SULLIVAN COUNTY

224 Elm Street

Claremont, NH 03743 Local Line: 542-5177

Fax: 542-2640

NH EMPLOYER SUPPORT OF THE GUARD AND RESERVE

www.esgr.mil/About-ESGR/Contact/Local-State-Pages/
New-Hampshire

1 Minuteman Way, Concord NH 03301 | 603-225-1892

Employer Support of the Guard and Reserve (ESGR) is a Department of Defense program that develops and promotes supportive work environments for Service members in the Reserve Components through outreach, recognition, and educational opportunities that increase awareness of applicable laws. It also provides assistance in resolving conflicts between the Service members and their employers.

ESGR's goal is to support America's employers who share their employees with the nation to ensure national security.

VET CENTERS

www.vetcenter.va.gov

Vet Centers provide readjustment counseling and outreach services to all veterans who served in any combat zone. Services are also available for their family members for military related issues. Veterans have earned these benefits through their service and all are provided at no cost to the veteran or family.

VET CENTERS LOCATIONS

RCS NORTH ATLANTIC DISTRICT	BERLIN VET CENTER	
1, ZONE 1 DISTRICT OFFICE	515 Main Street Suite 2	
15 Dartmouth Drive	Gorham NH 03581	
Auburn NH 03032	Phone: 603-752-2571	
Phone: 603-623-4204		
MANCHESTER VET CENTER	KEENE OUTSTATION	
1461 Hooksett Rd, B7	640 Marlboro Rd (Route 101)	
Hooksett, NH 03106	Keene, NH 03431	
Phone: 603-668-7060	Phone: 603-358-4950	
NEWINGTON OUTSTATION		
19 River Road		
Newington, NH 03805		
Phone: 603-559-9294		

FEDERAL AGENCIES

DVA DEBT MANAGEMENT CENTER

P.O. Box 11930, St. Paul, MN 55111 www.va.gov/debtman

Tel: 800-827-0648 / 612-713-6415 | Fax: 612-970-5688 dmc.ops@va.gov

The primary mission of the Debt Management Center is to collect debts resulting from an individual's participation in the Department of Veterans' Affairs (VA) education, pension or disability compensation programs. They also consult with veterans and their families in the management and liquidation of their benefit debts. They pledge to be compassionate and to offer high quality service to veterans and their families.

DVA PENSION CENTER DVA PHILADELPHIA – PMC

www.benefits.va.gov/pension

VA helps veterans and their families cope with financial challenges by providing supplemental income through the Veterans Pension and Survivors Pension benefit programs.

RAPE CRISIS AND DOMESTIC VIOLENCE INFORMATION

NH COALITION AGAINST DOMESTIC AND SEXUAL VIOLENCE 24 HOUR HOTLINE

Domestic Violence 24 hour Hotline: 866-644-3574 Sexual assault 24 hour Hotline: 800-277-5570 www.nhcadsv.org/

If you or someone you know is experiencing or has experienced domestic or sexual violence, you can contact the crisis center nearest you for information, referrals and support. In emergency situations, call 911. In non-emergency situations, you can talk to an advocate at your local crisis center about your options.

CITIZENS SERVICES, OFFICE OF THE GOVERNOR

www.nh.gov | 603-271-2121 107 North Main Street, Concord, NH 03301

GOVERNOR'S COMMISSION ON DISABILITY

57 Regional Drive, Suite 5, Concord, NH 03301 www.nh.gov/disability

Tel: 603-271-2773 / 800-852-3405 | Fax: 603-271-2837

SOCIAL SECURITY ADMINISTRATION

www.ssa.gov/boston/NH.htm National number: 800-772-1213

NH LOCATIONS:

70 Commercial Street, Suite 100, Concord, NH 03301-5005

34 Mechanic Street, Keene, NH 03431

177 Main Street, Littleton, NH 03561

2 Wall Street, Suite 301, Manchester, NH 03101

175 Amherst Street, Nashua, NH 03064

215 Commerce Way, Suite 200, Portsmouth, NH 03801

NH STATE VETERANS HOME

www.nh.gov/veterans 139 Winter Street, Tilton, NH 03276 Tel: 603-527-4400 | Fax: 603-286-4242

STATE AGENCY CONTACTS

www.nh.gov/government/agencies.htm Through this web page, you can search by Department, search for a state employee, a current Topical listing, or view a Departmental listing.

FEDERAL AGENCY CONTACTS

www.usa.gov/federal-agencies/a

MILITARY ID CARDS (DEERS/RAPIDS)

www.cac.mil/Portals/53/Documents/required_docs.pdf The DoD is committed to protecting the security of our nation and its people by issuing identification (ID) cards to individuals requiring access to government systems and facilities and to eligible individuals authorized to receive Uniformed Service benefits and privileges by law. The Defense Enrollment Eligibility Reporting System (DEERS) enrollment and ID card issuance process consists of several steps to ensure the correct ID card is issued and the appropriate benefits and privileges are assigned.

LOCATIONS IN NEW HAMPSHIRE:

NHARNG - JFHQ

1 Minuteman Way Concord, NH 03301 603-225-1326 M-F 0830-1530 | walk-ins only

NHANG - 157th

302 Newmarket St., Bldg. 100 Newington, NH 03803 603-430-3514 M-F 0730-1530

USAR - 99th RSC

64 Harvey Road Londonderry, NH 03053 603-537-8135 | call for hours

NHARNG

350 Meadow Street
Littleton, NH 03561
603-715-3452
Appointments only on Wednesdays
Call for Appointment

PORTSMOUTH NAVAL SHIPYARD

1 Walker Street, Kittery, ME 03904 | 207-438-2640